



BC/YUKON AREA BULLETIN

Volume 12, Issue 5
May 2022



Opinions expressed herein are not to be attributed to Al-Anon as a whole

Inside this issue:

Chair	1-2
Delegate	2
AWSCM Agenda	3
Alternate Delegate	4
Treasurer	5-8
Group Records	8
Literature	8-9
Alateen	9-11
Public Outreach	12
Hybrid Event Co.	12-13
Website Co.	13-14
Bulletin Editor	14
Central Service	14-15
AIS Victoria	15-16
Events	16
O/C	17

We're on the web!

Website Access:

www.bcyukon-al-anon.org

To access "members" pages:

Username: **member**

Password: **Area81**

(all one word)

Area Chair's Report

Hello Al-Anon Friends,

Our very first hybrid Area World Service Committee Meeting (AWSCM) on May 27 – 29 in Salmon Arm, is also my last as your Chair, so for me it is both exciting and bittersweet. Exciting because I will actually be in the room with other members, and at the same time, a little sad that this is the only in-person AWSCM I had the chance to experience as Chair.

To prepare for the discussion topics at AWSCM, you will need to refer to and be familiar with the information in the March, April and May Bulletins.

The March Bulletin contains background information on the Budget Motions as well as the Thought Force Report on the Al-Anon Family Groups wanting to meet Electronically. (AFGWME)

The April Bulletin contains information about the hotel accommodations.

In this Bulletin you will find the Agenda and the Thought Force Report for Alateen. Please see the Event Coordinator's submission for the link for AWSCM registration if you are joining virtually.

Please refer to the BC/Yukon Al-Anon Website <https://www.bcyukon-al-anon.org/member-resources/> for the minutes from AWSCM 2021. These minutes and the Officer's and Coordinator's reports (in this Bulletin) comprise the Consent Agenda which we are expected to have read beforehand and be prepared to discuss and approve.

The website is a very important information tool, with all previous Bulletins, Thought/Task Force reports and everything a District Representative needs to know before attending AWSCM.

We will be electing a new Char and Secretary in September at Assembly and will be polling the District Representatives at AWSCM for interest in these rewarding service positions.

We are also asking for expressions of interest for Website, Literature and Archives (1 year left in term) Coordinator positions which are appointed positions and you do not need to have to have been a District Representative to qualify for these.

My term as Chair has been an interesting journey! I have learned so much and have had a lot of practice with acceptance and letting go (and breathing) as we all dealt with the challenges the pandemic brought to us. I have loved working with and getting to know so many more of you. The joys have far outweighed any challenges as has always been my experience in service.

I am so looking forward to our first Hybrid AWSCM and being in-person for the fellowship and connection that I need and crave from all my fellow Al-Anon friends and family.

Love and Gratitude in Service,
Shannon P. BC Yukon Area Chair
chair@bcyukon-al-anon.org

Delegate's Message

Greetings to my Al-Anon and Alateen Friends,

I'm excited to be of service to you, the members of BC/Yukon, and I'm humbled by the trust you have shown me. I never thought that years ago when my sponsor kicked me in the ankle to volunteer for a position and with the progress of recovery, I would be flying to New York as your Delegate. I am filled with gratitude as your servant for the trust and support you have shown me on this journey, and the many cards and emails reward me with your thoughts.

As you read this, the conference will be in the rear-view mirror, and I'll be filled, no doubt, with stories and Al-Anon information to share. I look forward, with some trepidation to the report I will gladly share with you at our Area World Service Committee Meeting in Salmon Arm May 27-29.

Your trusted servant and Delegate,
Owen H.
BC/Yukon Area Delegate
delegate@bcyukon-al-anon.org

**BC/Yukon Al-Anon Family Groups AWSCM – Agenda
May 27-29, 2022
Salmon Arm, B.C.
Hybrid Meeting**

Theme: “Enhancing Our Recovery Through Abundance, Unity and Understanding”

Friday, May 27, 2022

1:00-3:00 Officers/Coordinators/Liaisons Meeting
6:00 Zoom open for fellowship
7:00 Opening & Welcome
 Read Traditions, Concepts
 Announcements
 Deadline to add to new Business on Agenda
 Is tomorrow 10:45 am
7:20 Introduction of Officers/Coordinators/Liaisons
7:30 Goals of AWSCM
7:40 DR Orientation
8:25 DR reports 3rd year/2nd year (5 min. each)
 Record challenges and successes
9:00 Closing

Saturday Morning May 28, 2022

8:00 Early bird meeting
9:00 Opening, Welcome, Traditions, Concepts
9:15 Announcements
9:20 Introduction of Officers, Coordinators, Liaisons
 Introduction of Past Delegates present
9:40 Goals of AWSCM
9:45 Consent Agenda

9:55 Saturday Morning Treasurer’s Report
10:15 Break
10:25 Public Outreach Presentation
10:40 Delegate Report
11:40 Break for Lunch
1:00 Voting Member count/Roll Call
1:15 DR reports 2nd year/1st year (5 min. each)
1:45 Topics for Discussion
 Budget Motions discussion
2:30 New Business
 Al-Anon Family Groups Which Meet
 Electronically (AFGWME)
 Alateen Thought Force Report
 Polling of DR’s for Chair, Secretary
3:30 DR reports 1st year (5 min. year)
4:00 Create Agenda for Assembly
4:30 Summary of Successes and Challenges
 -Questions
 Recap and Highlights of AWSCM
5:00 Closing
Sunday Morning May 29, 2022
9:00-11:00 Spiritual Meeting

PLEASE REMEMBER YOUR SERVICE MANUAL

If attending via Zoom, please set up in a quiet, undistracted area, mute your microphone, set up your camera properly, and wear headphones if possible. Please be prepared as we need to make this as streamlined as possible.

Alternate Delegate

Greetings Fellow Members

I am looking forward to May 27th AWSCM at the end of this month. I hope to see many members either face to face or on Zoom. All members are welcome.

While Assembly focuses on the Group Representative's participation in the Links of Service, AWSCM focuses on the District Representative's position in the Links of Service.

District Representatives or members who are the contact person on behalf of their District; please watch your e-mail inbox for an e-mail sent by the Assembly Chair on my behalf. It includes an important attachment, which will assist you in preparing for AWSCM, and answer any questions you may have.

If you do not receive this e-mail or have any question about AWSCM, I would be happy to connect with you. Please email me at the Alternate Delegate address below.

I am very excited to see and meet up with all members regardless of the platform they participate through.

Participation is the key to Harmony!!

Some Tidbits from Al-Anon, Three Legacies from the May 2016 Forum

Step 5: *Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.* "Talking about my feelings with another person diminished their size."

Tradition 5: *Each Al-Anon Family group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to the families of alcoholics.*

"After some discussion, we could all agree that the purpose of our Al-Anon family was to provide a safe framework to help us all grow toward more fulfilling, well balanced lives.

Concept 5: *The rights of appeal and petition protect minorities and insure that they be heard.*

"Working the Al-Anon program has helped me to feel safer expressing my opinion—even if it is not popular."

I love you in a very "special way".

Nancy MC.

BC/Yukon Alternate Delegate

altdelegate@bcyukon-al-anon.org

Treasurer

Hello to my Al-Anon friends,

In preparation for our AWSCM in Salmon Arm as a combination in-person and electronic meeting (hybrid), your Officers and Coordinators have been working to make this an informative and useful meeting for all members. Our two new service members, Akemi and Ernie, are focused on creating a meeting where members in-person and online can see, hear and participate in all aspects of the meeting. We hope you will join us to hear our Delegate's report and offer your experience, strength and hope (ESH) to important topics of discussion.

I have included the financial statements in this report so you can see where we are in terms of being self-supporting. I will be making a report at AWSCM and welcome your questions and/or suggestions.

We are in the process of changing our bank from HSBC to CIBC. CIBC is available in most communities in BC and the Yukon, so this will make it easier for any member to volunteer as Area Treasurer. As members requested, we now have the option of making contributions to BC Yukon Area using e-transfer.

During the pandemic, many groups opted to send extra contributions to the World Service Office to meet the financial need for the services they offer. By all accounts, Al-Anon successfully managed to thrive during the pandemic through the generosity of members. Now that we are returning to a 'new normal' and beginning to meet in person and online to take care of Al-Anon business in BC/Yukon Area, we ask that groups resume making contributions to our BC/Yukon Area. You can find the information to do that using a cheque or by e-transfer posted in the Bulletin each month. If you have any questions, please contact me at the email listed below.

Thank you for allowing me to serve as your treasurer. I look forward to seeing your smiling faces at the end of May! I am praying we will be able to safely meet in person for those who wish to do so. I am also very grateful to have the option of meeting online. We had the 'courage to change', now we have 'hope for today'.

With gratitude,
Janis A.
BC/Yukon Area Treasurer
treasurer@bcyukon-al-anon.org

BC/Yukon Al-Anon Family Groups
Income & Expenses
July 2021 through February 2022

Income

Contributions

Bulletin Subscriptions	146.00
Group and District Contribution	5,574.90
Interest Income	66.02
Tradition 7 Income	1,001.00

Total Contributions

6,787.92

Total Income

6,787.92

Expense

Administrative Expenses

Archives Coordinator	202.23
Area Delegate	83.56
Area Treasurer	46.78
Public Outreach Coordinator	189.52

Total Administrative Expenses

522.09

Area Assembly

Facility Rental & insurance	75.00
-----------------------------	-------

Total Area Assembly

75.00

Area Officer/Coordinator Meeting

Accommodation	379.38
Facility rental & insurance	105.00
Meals	188.10
Travel	371.64

Total Area O/C Meeting

1,044.12

General Expenses

Archive Storage	1,542.08
Bank Fees	4.00
Bulletin printing/mailing	437.63
Equipment purchase	2,205.34
Software expense	884.04
Website hosting	1,250.28
WSC equalized expense for Delegate travel (pg. 169)	3,778.94

Total General Expenses

10,102.31

Total Expense

11,743.52

NET LOSS

-4,955.60

BC/Yukon AI-Anon Family Groups
Balance Sheet
As of 28 February 2022

ASSETS

Current Assets

Chequing/Savings

Bank

CIBC Chequing account	11,335.50
HSBC Chequing account	10,246.73
HSBC GIC - matures in Oct	5,000.00

Total Bank 26,582.23

Total Chequing/Savings 26,582.23

Total Current Assets 26,582.23

Total Assets 26,582.23

LIABILITIES & EQUITY

Equity

Retained Earnings	31,537.83
Net Income	-4,955.60

Total Equity 26,582.23

TOTAL LIABILITIES & EQUITY 26,582.23

TREASURER'S NOTES:

Income & Expense Statement

- Archive expense – to transfer archived audio cassette tapes to electronic format
- Insurance – annual insurance policy for Assembly
- Archive storage – Display and storage of BC/Yukon Area archives at Central Services Office in Burnaby.
- Equipment Purchases – 2 Laptops (Chairperson & Delegate) and Projector
- Software – Microsoft 365, Zoom account and QuickBooks

Balance Sheet

HSBC – Account closed in April and balance moved to CIBC
 GIC – One GIC matured in February and was cashed in to prepare for transfer to CIBC account. Both GIC's transferred to CIBC in March for \$5,000 each to be used as prudent reserves for AWSCM and Assembly.

Contributions to BC Yukon Area

By cheque: Payable to “BC Yukon Area Assembly”

Mail to the current treasurer using contribution form (in Feb Bulletin or on website)

Janis Armit (no reference to AI-Anon please)

27111, 0 Avenue – Unit #3

Langley, BC V4W 2S9

Receipts can be sent by e-mail if an email address included

By e-transfer: BC Yukon Area Assembly treasurer@bcyukon-al-anon.org

If you need to enter a security question, make the answer Tradition7 (no space)

In the message, **please note your district # or city, and group name**

(If you miss the message, please send a follow up email with that information)

Your receipt for e-transfers will be the email confirming accepted deposit

Group Records

Hi AI-Anon Members:

I am happy to report that we have two new meetings registered.

- District 17 – Sunday Night Lights AFG -6:30 pm at Oak Bay United Church, 1355 Mitchell St., Victoria, B.C. -Use the back door of the church marked “Kitchen” at the back of the parking lot on the left side of the church.
- District 14 – Thursday Double-Double AFG – 10 am at Shelly Hall, 186 Shelly Road, Parksville, B.C.

Just a friendly reminder to include District #, Group name and WSO # when sending in any group changes.

With Gratitude in Service,

Sarah O.

BC/Yukon Group Records Coordinator

grouprecords@bcyukon-al-anon.org

Your "One Stop Shop" for Group Information

Literature Coordinator

Hello everyone,

We are still almost a month away from the AWSCM. I will have more to report following the meeting.

For the time being, I would like to remind members that a great source of healing and direction can be found in Conference Approved Literature. Have you considered buying a new piece of literature lately?

Other news is that the new Alateen Just for Tonight Bookmark is in the process of being developed from amongst the 125 sharings received from members.

New introductions have been written for both One Day at a Time (B6) and The Dilemma of the Alcoholic Marriage (B4) that would place them in historical perspective and relevance to the majority of all members.

'CAL Corner' Topics are always in demand for the Forum Magazine as well as sharing's on how a specific piece of CAL has helped with your recovery. Writing your story of recovery through AI-Anon can be very therapeutic and helps to remind ourselves of how far we have come since arriving at our first meeting.

BCYukon has four CAL literature depots. Please remember to support your local Literature Depot Centre as profits from book sales support both WSO and local AI-Anon Information Services.

I like to take a piece of CAL to the ocean and enjoy the view of the wide-open spaces while filling my mind and my heart with inspirational messages from other members. I encourage you to also find a quiet place to read and enjoy the serenity that comes from pursuing a "normal, useful life" through the threefold guides of AI-Anon – Recovery, Unity and Service.

In service,
Audrey E.
BC/Yukon AI-Anon Literature Coordinator
literature@bcyukon-alanon.org

Alateen

We have exciting news here in Victoria, District 17 along with District 16 and with D16's District Representative Kelly K's help, are in the process of starting Victoria Alateen AFG. Christ Church Cathedral has arranged two rooms for us on Monday evenings, so that our new AI-Anon group (Hope For Today AFG) can be side by side with the Alateens (as recommended by WSO).

Our members are stepping into service as AMIAS (AI-Anon Members in Alateen Service), and we are so grateful for their willingness.

If you too, would like to join us, please contact me at 250 857 6330.

District Representative D17
Leona G-M.

Alateen In BC/Yukon Area Thought Force Report 2022

Thought Force summary and Knowledge-based Decision –making
(KBDM) Questions and Responses

Background Information about Alateen from our Service Manual pgs25-26

How Alateen came to be a part of Al-Anon Family Groups

Teenage children in the families of alcoholics soon realized that their problems differed from those of adult members. In 1957, Alateen grew out of this need. A 17-year-old boy, whose father was in A.A. and mother in Al-Anon, had been fairly successful in trying to solve his problems by applying the A.A. steps and slogans. With his parents' encouragement, he asked five other teenagers with alcoholic parents to join him in forming a group to help other teenagers. The idea caught on, and the number of groups began to grow. By 2022, there were numerous Alateen pamphlets and books; a quarterly newsletter, *Alateen Talk*; and service materials for Alateen Group Sponsors. There are over 1,600 Alateen groups worldwide, including six Alateen meetings taking place electronically on a trial basis in the *Al-Anon Family Groups Mobile App*.

Part A-Summary of the Two Thought Force Charges

Charge 1. Is there a need for service to Alateen within the BC/Yukon Area?

Recommendation is YES

Charge 2. What is the direction of Alateen within the BC/Yukon Area?

Recommendation is that the direction is back to the Al-Anon members themselves.

Part B- Thought Force Responses to Knowledge-based Decision-making Questions

1. What do we know about our members' or prospective members' needs that are relevant to this discussion?

- We know it is hard for the teens to come to a meeting without letting their parents know especially if their parents are not in recovery or even how to get to the meeting without their parents help.
- We know that it is difficult to get the message to the teens without a lot of public outreach
- We know that the Al-Anon members are the parents or grandparents of alcoholics and need to be willing to encourage the teens to come to Alateen meetings

- We know that there are not enough meetings for the teens to go to in their own neighborhoods
- 2. What do we know about the resources and our vision for the organization that is relevant to this discussion?**
- We know the World Service Office has an on-line app. That teens can access if they can get online and know about this app.
 - We know teens are more familiar with technology and might be more comfortable with this than a face-to-face meeting
 - We have AI-Anon members that are willing to be Alateen sponsors and AMIAS', but we need more meetings for the teens to go to
 - We know AI-Anon and A.A. members can help bring teens to Alateen
- 3. What do we know about the current realities and evolving dynamics of the world and our fellowship that is relevant to this discussion? What are the Pros and Cons?**

Current Realities

- **In 2019 the covid-19 Pandemic did hurt our face-to-face meetings with the restrictions that forced many groups to be inactive or go to online platforms like Zoom**
- **The AMIAS or group sponsors were not able to have criminal record checks for getting certified because the police stations were closed and back logged once they reopened**
- **We could not access schools or malls for public outreach or use the churches for meetings**

Pros

- **Using online tools was perhaps more appealing for the teens**
- **Talking with other teens is better than meeting with adults**
- **No need to ask parents for a ride**
- **More anonymous**

Cons

- **Limited privacy at home with parents checking on their screen time**
- **Limited meetings online in our time zone having to sign in on an app. Or not knowing how to get online**
- **Not the same feel as a face to face meeting the warmth and love of our experience, strength and hope**

Public Outreach

Hello everyone,

I'm very excited to update everyone on what Public Outreach is doing. We have a very successful Committee of 10 Al-Anon members whom I am very grateful to have. We meet once per month on the 4th Saturday of each month on Zoom #985-6094-7531 Pass Code #696634.

Our focus is getting information to the Public, Districts, Groups, and potential members of Al-Anon and Alateen. We do not promote but attract members by placing flyers in locations that have agreed to have our flyers on their bulletin boards, Al-Anon Faces Alcoholism in their offices and Meetings and Speakers at Schools, Correction Facilities and AA Rallies.

Our goals are:

- to build a bridge between Al-Anon and AA to work together to help everyone affected by someone's drinking or their own.
- is to bring Zoom meetings to Northern B.C./Yukon locations as well as encourage members to have their children or grandchildren check out Alateen.

Anyone can attend our meetings as an "Interested Member" and can benefit to share with your Groups or Districts.

I look forward to AWSCM to meet the District Representatives and other members. Take care everyone.

Hugs In Service,
Gail S.
BC/Yukon Public Outreach Coordinator
publicoutreach@bcyukon-al-anon.org

Hybrid Meeting Event Coordinator

Hello my dear Al-Anon friends,

I'm very excited to be addressing you once again but, this time, as the Hybrid Meeting Event Coordinator. We are in the midst of preparing for AWSCM and there are a couple of items for you to take note of to get ready for it.

If you are joining us via Zoom, please use this link to register
<https://us06web.zoom.us/meeting/register/tZcufuuurikjGdZCtt9e3dLLnhiW0KBab9gh>

After registering, you will receive an email from Zoom with the meeting link. Our suggestion is to register early to avoid any last-minute complications. If you have any questions or concerns, please let me know and I'll be happy to help.

The meeting is scheduled to start at **7:00 pm** on **Friday May 27, 2022**, but you're welcome to login any time after 6:00 pm for fellowship or just to check that you have all the technology worked out ahead of time.

Please remember that this is an anonymous fellowship. If there are others in your home, please protect the anonymity of other members by using headphones and being mindful of who can see your screen or go to another location in your home where the meeting cannot be overheard or seen by others.

Tips for Zoom Meeting Attendees:

Here are some age-old guidelines that comprise good meeting etiquette:

- like being on time
- maintaining eye contact
- paying attention as well as minding your body language
- avoiding eating and drinking
- being respectful to whoever is speaking.

In addition, please remember to:

- Mute your microphone when you are not speaking
- Position your camera properly
- Limit distractions
- Please come fully clothed! 😊

Looking forward to seeing you all!

With Gratitude in Service,
Akemi M.
Hybrid Meeting Event Coordinator
Mobile: 778.874.5501
event@bcyukon-al-non.org

Website Coordinator

Hello everyone,

I am looking forward to seeing (and hugging) fellow Al-Anon members at the upcoming AWSCM!

My report for the website is brief. The website is performing well, and we continue to have a high open rate for the monthly Bulletin email. Information is regularly updated and added to the

member's section of the site, and I encourage you to browse the pages to see what is new. Please also let your new members know they can sign up to receive the free online version of the Bulletin at <https://www.bcyukon-al-anon.org/bc-yukon-bulletin/>

Email me if you have changed your contact information or are experiencing any difficulty in receiving the monthly online Bulletin notification.

In service,
Patty T.
BC/Yukon Website Coordinator
website@bcyukon-al-anon.org

Bulletin Coordinator

Hello Al-Anon Bulletin Readers,

I enjoy publishing the bulletin every month. To me it is a fine art project that I work hand in hand with my Higher Power to create.

I now have sixteen mail subscribers. I look forward to seeing you at the AWSCM in May.

Jean H.
BC/Yukon Bulletin Editor
bulletin@bcyukon-al-anon.org

Central Service Office

Central Service Office Lynne G. Chair - Liaison - reporting to Area World Service Committee Meeting/District Representatives May 2022

You will find what we are about and what we do in your 2022 - 2025 Service Manual by referencing: Al-Anon and Alateen Groups at Work Section:

“Al-Anon Information Services/Intergroup” page 74

“Literature Distribution Centers” Page 74

World Service Handbook section: Elections - At the Group level page 153

“In a city where “District Meetings page 158 - “familiarize Groups, Information Services

“I will read these at the meeting and answer any questions, but perhaps you would like to reference these readings beforehand.

Members call us Central Service Office, for short “The Office”. The Office is also a non-profit Society required by the Province of British Columbia. It is funded by literature sales and voluntary donations from Groups and members. Donation amounts are published in the Bulletin every month. The office is well-stocked with literature for sale which member groups/members/meetings’ literature person and the public can purchase and pay cash, cheque, e-transfer or credit card via pay pal.

Please discuss at your District Meeting who will attend the quarterly Office Committee Meeting; the Service Manual suggests Alternate Group Reps. Contact the office to be on the mailing list for notification of these meetings. Any member can represent your Group.

The meetings are met electronically. This is one of the “links of service” how the program is connected and in a harmony with each level of service. The Office can provide monthly updated meeting lists, answer questions from the public including professionals and meet the newcomer who drops in or phones for information.

In addition to informing the Group Records, please inform us too so we can keep meeting time, place, and day of the week information relevant.

The Office has an afterhours volunteer and systems that allow all enquiries to be answered in a timely manner.

District Representatives, if you have a member looking for volunteer service, we can meet that need too.

PO Box 28574
Willingdon Heights PO
Burnaby, BC V5C 6J4

Unit 222
3701 Hastings Street
Burnaby, BC V5C 2H6

T/F 604 688 1716
Fax 604 647 1990

Mon. Wed. Fri 10:00 am to 1:00 pm afgcentraloffice@gmail.com

Last Saturday of the month afgcentraloffice.blogspot.ca

www.bcyukon-al-anon.org

Yours in Service,

Lynne G. Chair Central Services Office phone: 604-688-1716

Al-Anon Central Services Society

afgcentraloffice@gmail.com

<http://afgcentraloffice.blogspot.ca>

AL-ANON CENTRAL SERVICES MARCH 2022

CONTRIBUTIONS, CALLS, VISITS, EMAILS

Contributions - \$1,297.00

Calls 35– Visit 12 — Email Mtg Info 20 –

Email Literature Info. 10

Al-Anon Information Services & Literature Distribution Center - Victoria

Happy Spring everyone,

Your Victoria Al-Anon office continues to be supported by our volunteers and groups. The office is now open on Wednesdays from 10 – 2pm. We are grateful for having a full slate of

officers. Our literature service is going well, and people are looking forward to “Groups at Work” and our new “Service Manual”. The hard copies will be available in the summer.

We have a new Alateen meeting happening in the next few months and are very excited about that. We have a member from our area acting as a liaison for a local AA rally to occur in May. Things are moving here and for that we are blessed!

Amy G.

AIS Chair

alanonvictoria@gmail.com

Events

May 7 – Serenity Saturday AFG - Special’s Mother’s Day Meeting at noon at Coquitlam Presbyterian Church, 948 Como Lake Avenue, Coquitlam. There will be an Al-Anon and an AA speaker. Everyone is welcome. Zoom meeting ID: 793 567 0434 – Password: Serenity. The telephone option is 778-907-2071.

May 7 – Saturday Morning Healing Steps Anniversary Celebration – 10:15 am- 11:30 am – Zoom Meeting ID: 837 8221 2536 – Passcode: 679258. By phone: Find your local telephone number by going to <https://us02web.zoom.us/j/kcmTQ20pV2> Contact email: mhcongdon22@gmail.com

May 13- Victoria Miracles Rally with Al-Anon participation. **Starts - 5 pm Friday, May 13 – Noon Sunday, May 15.** held at Mary Winspear Centre, 2243 Beacon Avenue, Sidney, B.C. There will be meetings, speakers, open mic, music, dance, yoga, and fellowship. Contact crobertson2321@gmail.com

Saturday, June 4 – White Rock Centennial AFG – 3rd Annual “Lois” Picnic – 10am – 2 pm at Crescent Park, 2585 -132 St., Surrey, B.C. invites you to a Potluck and fellowship. There are a couple of large parking lots on the right after you drive into the park & a trail that leads to a covered picnic area & a large field where you will find us. There will be no signs.

49th Annual Vernon Roundup June 10-11- “Stairway to Serenity” at Trinity United Church, 3300 Alexis Park Drive, Vernon. Tickets \$35 – Includes registration and meals.
AA Speakers – Friday -Michelle B., Kelowna- Saturday- Mickey B., LA
Al-Anon Speakers – Friday – Ally G., Victoria – Saturday – Dennis G., Victoria
For more information call Rob. M. 250-308-0822

Officers and Coordinators 2021

Shannon P	chair@bcyukon-al-anon.org	Audrey E	literature@bcyukon-al-anon.org
Owen H	delegate@bcyukon-al-anon.org	Michelle W:	alateen@bcyukon-al-anon.org
Nancy M:	altdelegate@bcyukon-al-anon.org	Patty T	website@bcyukon-al-anon.org
Ann A:	secretary@bcyukon-al-anon.org	Jean H:	bulletin@bcyukon-al-anon.org
Janis A:	treasurer@bcyukon-al-anon.org	Vacant:	archives@bcyukon-al-anon.org
Sarah O	grouprecords@bcyukon-al-anon.org	Annette P:	webmaster@bcyukon-al-anon.org
Gail S:	publicoutreach@bcyukon-al-anon.org	Akemi M	event@bcyukon-al-anon.org
		Ernie W.	equipment@bcyukon-al-anon.org

Subscribe to the BC/Yukon Area Bulletin

Email your submission to the bulletin in plain text or "pdf" format by the **15th of each month** to bulletin@bcyukon-al-anon.org or follow the links on the website. You can also submit to both the website and the Bulletin from the link on the "Events" page on the website www.bcyukon-al-anon.org.

1. An electronic version of the BC/Yukon Area Bulletin is available free online at www.bcyukon-al-anon.org in the "**Members**" section. Username "**member**", password "**Area81**".
2. **Sign up for automatic monthly email delivery** by visiting <https://www.bcyukon-al-anon.org/bc-yukon-bulletin/>

Paper Copies of the Bulletin:

Payment information: Make the cheque for \$24.00 out to "**BC/Yukon Area Assembly**" and mail to Jean Hopley (no reference to Al-Anon), 7213 Aldeen Rd., Prince George, B.C. V2N 5P7.