



Al-Anon & Alateen Family Groups

BC/YUKON AREA BULLETIN

Volume 11, Issue 1



Opinions expressed herein are not to be attributed to Al-Anon as a whole

Inside this issue:

Chair	1
Delegate	2 - 3
Canada West	
Trustee	4
Treasurer	5 - 6
Group Records	6
Central Services	7
Events	7
O & C	8

Area Chair's Report

Happy New Year to everyone.

Here we are again at the beginning of a New Year! I don't even know what to say about the last year except that I made it through, and I'm grateful you have put up with me. I fervently hope we can meet face-to-face this year to talk about our Area business and share hugs and fellowship again.

There is much to tell you in this submission. We say good-bye to our outgoing service members and thank them once again for their dedication and service to our Area and our Al-Anon program. We have new people in positions that I am happy to introduce for 2021!

Appointments and more...

Welcome to **Toni C.** from District 6 (Port Moody, Coquitlam) who has been appointed to Archives Coordinator and to **Jean H.** from District 27 (Prince George) who has been appointed to Bulletin Coordinator. We are happy and excited to have both of them join us in Area service!

Over the years, advances in technology have impacted the level and type of website service provided to the BC/Yukon Area. We have been fortunate to benefit from the skills and talents of **Annette P.**, past Website Coordinator, who upgraded and rebuilt BC/Yukon Area's website to provide improved and excellent technical and website service to our members. Annette's three-year term ended on December 31, 2019; and despite advertising, promoting, asking and sponsoring a virtual "Jump into Service" workshop, a suitable Website Coordinator candidate has not been found nor come forward. In the meantime, we are grateful that Annette has generously continued to provide support during the past year; but we are also mindful of our principle of rotation of service. To address this pressing situation, the Officers held a special meeting via Zoom on December 5th. Using our Traditions and Concepts in our discussion and considering unity and our elected roles as trusted servants, we held a group conscience with our collective Higher Power. A motion was made that we create a second website position on a one-year trial basis starting January 1, 2021, to deal with the strictly technical aspects of managing a website, namely a Webmaster. The following motion was proposed by Ally G., and seconded by Lynn B.:

That BC/Yukon create a Webmaster position as a one-year trial starting Jan. 1, 2021 and that it be a paid position of not more than \$80/month (\$960/yr.).

Passed unanimously.

We're on the web!

Website Access:

www.bcyukon-al-anon.org

To access "members" pages:

User name: **member**

Password: **Area81**
(all one word)

Continued on the next page

The current Website Coordinator position Job Description will be edited to reflect the new duties and responsibilities while a Webmaster Job Description will be written to outline the duties and responsibilities of the new position. Annette has agreed to assume the position of Webmaster on a one-year trial basis and **Patty T.** (formerly our Bulletin Editor) has been appointed to the Website Coordinator position for the two years remaining in the term (ending December 31, 2022).

We all welcome **Patty** and **Annette** back as they assume their 'new' roles.

As you will read in Nancy M's Treasurer's report on page 5, she is having to step down from the Treasurer position. We are extremely saddened that she has had to make this decision as she has been a joy to work with and has brought so much fun and positivity to us all, besides the fact that she has done a spectacular job as Treasurer. She has truly been and continues to be an inspiration to me, personally, and I know we will all miss working with her. Nancy, we are here to cheer you on and support you as you continue your journey.

Having said that, we are seeking resumes for the elected position of Treasurer. Nancy had been finishing Rina's three-year term, which ended December 2020 and was generously filling in for 2021 until we could meet to elect a new person for the current three-year term. Under the circumstances, we will appoint a suitable candidate for the first year of the term and then hold an election in September for the rest of the term. This position requires that the candidate has been a District Representative, so we are currently canvassing all current and past DRs for resumes.

As well, we still have an unfilled Public Outreach Coordinator position and welcome resumes for that as well. Enough from me for now. I wish each of you reading this, a joyous and peaceful New Year.

Love in service,

Shannon P.

BC/Yukon Area Chair

chair@bcyukon-al-anon.org



Delegate's Message

Happy New Year Al-Anon/Alateen Family!

As I look at the calendar, I am shocked at how quickly the last two years have passed. This marks the beginning of the last year of my term as your Delegate; and I want to confirm what many members in service have shared: the first year is learning, the second year is knowing a bit more, and the third year is not wanting to leave but feeling confident that someone else will step into the joy of service. It's the way our rotation of service works to keep our fellowship healthy, and for that I am grateful.

Survey to Gather Information from Rural and Large Geographic Populations in BC/Yukon

I would like to thank the sixteen individuals and/or groups who completed and submitted surveys. The results have been summarized, and your Officers and Coordinators will review them for any action required in the new year. Some issues recorded were: Groups and Districts with no GRs and DRs, challenges with technology, distance/time in travelling to meetings, conflict between personalities and principles. It was encouraging to note that the Bulletin is regarded as a valuable service tool. Thanks again to those who participated in the survey.

Upcoming Town Hall

The next World Service Office Town Hall is scheduled for January 9, 2021. If you have not attended one yet, please consider saving the date on your calendar. You will be glad you did, and it takes only one hour of your time. Here are the details:

Continued on the next page

Please register! Please share!

Virtual Town Hall with World Service Office

Saturday, January 9, 2021

3:00 -3:45 pm (Eastern)

Followed by a short presentation from Florida North Panel 61!

Flyer and Registration are on the Events page of the Area website! www.AFGArea9.org

Link to Flyer: tiny.cc/ar11tz

“Moving Forward with Unity, Courage and Perseverance”

This is the theme for the World Service Conference 2021, and plans are already underway for another virtual Conference that will take place from April 12-16, 2021. Conference members have received a tentative agenda, and it looks like a very full week is planned to include not only agenda items for 2021 but also some topics that were postponed from the 2020 Conference.

Chosen Agenda Items (CAIs)

Submitting CAI topics for discussion has been an important tradition of the World Service Conference for many years. The purpose of the CAIs is to give all Conference members an opportunity to select topics and issues of concern that affect Al-Anon groups and members worldwide. If you, your group or District have any topics you would like to propose, please name the CAI topic in 25 words or less, provide the rationale (*why* this CAI is important) in 75 words or less and email it to me **before February 28, 2021**. I am permitted to submit one or two topics from BC/Yukon on your behalf. Conference members will vote during Conference to determine which topic they will discuss in small group breakout sessions during Conference week.

Search for a Canada West Trustee

Unfortunately, there were no candidates from BC/Yukon, Alberta/NT or Saskatchewan who submitted resumes for the position of Canada West Trustee. There is an invitation letter from Vali, F., Executive Director, included on page 4 of this Bulletin with more details about how to apply. Please email resumes to me by **January 31, 2021**.

In closing, I wish each of you a peaceful and serene year in ongoing recovery and extend my thanks to all trusted servants in service to families and friends of alcoholics.

With gratitude in service,

Lynn B., Delegate

“Moving Forward with Unity, Courage and Perseverance”

delegate@bcyukon-al-anon.org



Search For A Canada West Trustee

The Nominating Committee is inviting the Areas with the Canada West Region to submit an applicant for a Canada West Regional Trustee to serve a one-year appointment on the Board of Trustees. The term will begin following the Annual Board Meeting in April 2021. **Résumés must be submitted to the World Service Office by February 12, 2021.**

The applicant being submitted is required to go through an Area approval process following which the **applicant résumé will be submitted by the Area Delegate**. Taking into consideration the short deadline for résumé submission, the Area approval process is left up to Area autonomy.

The direct link to the résumé is:

<https://al-anon.org/for-members/board-of-trustees/wso-volunteers/board-of-trustees/board-of-trustee-application/>

For informational purposes, it is best to share this address:

<https://al-anon.org/for-members/board-of-trustees/wso-volunteers/board-of-trustees/>. The résumé is accessed via the button that previously gave the applicant the fillable PDF.

Please note the requirement regarding length of continuous Al-Anon membership. Trustee applicants do not need to have served as a Delegate! For those that have, they must wait until two World Service Conferences have passed after their terms end before they can be considered. This year the Board has approved a World Service Office Al-Anon Members in Alateen Service (AMIAS) Certification Program which includes successful completion by applicants of a national background check.

Thanks for your effort in helping us find a candidate for the Board of Trustees, and for your service to the families and friends of alcoholics!

With gratitude,

Vali F.
Executive Director
Al-Anon World Service Office



Treasurer's Report

Hi everyone,

Thank you for having faith in me, by allowing me to finish Rina's term as your Treasurer. It has been an honour and a joy to do this; however, I must step down due to ill health. I have been diagnosed with Chronic Myelomonocytic Leukemia. (CMML) and have had to start chemotherapy. It is a terminal illness so I would like to pass the baton as quickly as someone can take the job over.

This is an amazing job! I mean who doesn't love working with money - that isn't yours! LOL. In non-COVID-19 times, the job takes about a half an hour a week to enter the cheques that arrive from the membership. Then there are trips to do the deposit at the bank. It is not that time consuming and it is fun. QuickBooks is an extremely easy accounting program, and I have prepared a little booklet on how to do the job. I will also be available to help in any way I can.

The last page of the *One Day At A Time* (ODAT) asks that we look back over the past year and January 1st tells me I have a clean set of pages to write upon. So if you would like to continue your growth in Al-Anon, have completed a 3-year term as District Representative, and would like to give back to this wonderful life-giving program, then please go to the website, fill out the application form, submit it to Shannon ASAP, and write new pages in your 2021 booklet.

Continued on the next page

The Profit and Loss Statement for July 1 through December 14, 2020, and the Balance Sheet as of December 14, 2020, can be found below and on the following page of this Bulletin.

I have included a few notes to go with the statements:

- **Group donations:** have totaled \$3,574.89
- **Expenses:** Treasurer is the cost of monthly QuickBooks, stamps, and ink.
- **Bulletin expenses:** is the cost of photo copying and mailing the hard copy to members.
- **World Service Conference Equalized Payment:** is for the 2021 Conference for the Delegate which is paid before the end of the year prior to the Conference.
- **Profit:** so far is a total of \$843.64
- **Bank Account:** is \$19,221.09 (Just waiting for COVID-19 to go so we can hold in-person meetings again).

Most groups have redirected their donations to the World Service Office, which is greatly appreciated. I am certain that the next Treasurer will do a fantastic job and will let you know when you can start donating back to BC/Yukon. Please keep up the good work.

Again, thank-you for the great honour and the incredible amount of self worth and growth I have received from this position. You will never know how much your faith in me has meant.

Everlasting Gratitude and HUGS.

Nancy M.

Area Treasurer

treasurer@bcyukon-al-anon.org

BC/YUKON Area Assembly	
PROFIT AND LOSS	
July 1 - December 14, 2020	
	TOTAL
INCOME	
42000 Contributions	0.00
40000 Group & District Contributions	3,574.89
Total 42000 Contributions	3,574.89
48600 Subscription Income - Bulletin	96.00
49000 Interest Income	55.96
Total Income	\$3,726.85
GROSS PROFIT	\$3,726.85
EXPENSES	
62000 Administrative Expenses	0.00
62600 Treasurer	257.59
Total 62000 Administrative Expenses	257.59
68000 General Expenses	0.00
68150 Bulletin printing/ mailing	447.27
68400 WSC equalized expense - pg 165	2,178.35
Total 68000 General Expenses	2,625.62
Total Expenses	\$2,883.21
PROFIT	\$843.64

Continued on the next page

BC/YUKON Area Assembly

BALANCE SHEET

As of December 14, 2020

	TOTAL
Assets	
Current Assets	
Cash and Cash Equivalent	
10000 Bank Account	19,221.09
10500 Reserve GIC - Feb	5,087.00
10600 Reserve GIC - Oct	5,000.00
12000 Undeposited Funds	0.00
Total Cash and Cash Equivalent	\$29,308.09
Total Current Assets	\$29,308.09
Total Assets	\$29,308.09
Liabilities and Equity	
Liabilities	
Current Liabilities	
Accounts Payable (A/P)	
20000 Accounts Payable	0.00
Total Accounts Payable (A/P)	\$0.00
Total Current Liabilities	\$0.00
Total Liabilities	\$0.00
Equity	
Retained Earnings	28,464.45
Profit for the year	843.64
Total Equity	\$29,308.09
Total Liabilities and Equity	\$29,308.09

Group Records

Hello BC/Yukon members.

As we begin 2021, I hope this bulletin find you and your group members doing well. As new members are cycling in for their terms with Al-Anon service please forward your updates to me and I can apply them directly to the World Service Office records. Please place your group ID number and District number in the subject line. For your group contact first name and phone number are all that's required. For the Contact Mailing Address (CMA) and Group Representative positions the World Service Office requires: first and last name, complete mailing address, phone number and email address.

With Gratitude in Service,

Jody Swenson
 BC/Yukon Group Records Coordinator
grouprecords@bcyukon-al-anon.org

Your "One Stop Shop" for Group Information



Central Services Committee

A New Year is like having a new notebook and writing on the first page, with all the blank pages sitting at the ready for their turn.

And so it is with Central Services, at the ready on these first pages of 2021 to keep meeting information up to date. Virtual meeting information, open then closed then opened again face-to-face meetings' information. The Office Manager is at the ready, the systems are efficient and effective, but the information needs to be correct.

The word "assurance" and its meaning which is in our literature was comforting to me as a newcomer. The office needs to be "assured" the information we are giving a newcomer will find them that meeting. Please send meeting information to the Office Manager here in Burnaby, or the depot member in Victoria or Kelowna. Then they can answer the call from the newcomer correctly and assuredly.

Al-Anon Central Services Society held their Annual General Meeting, November 15, 2020 and an Office Committee Meeting. An invitation to the members, any member of Al-Anon can be a member, was sent by email. We missed the members unable to attend and will contact members with the next Office Committee meeting date and time. There were some suggestions from members which will be followed up in due course.

The Treasurer reports we are meeting expenses and literature inventory expenses with donations, thank you.

Yours in service,

Lynne G.

Central Services Office Chair

604-688-1716

afgcentraloffice@shaw.ca

www.afgcentral office.blogspot.ca

Events

Every Monday, Power of Change - ZOOM meeting, Victoria, BC.

Time: 1:15 (chat), 1:30 - 2:30 pm meeting.

Meeting ID: 916 507 904 and passcode: 470516

This is a recurring meeting. Everyone, including newcomers, are welcome. Contact - Lynn SR. at lynnshawringham@telus.net.



The BalACLava group has just marked its 52nd anniversary, so to celebrate, we are reaching out to say hello and update our info. Our Zoom meeting has changed it's ID to: 751 0367 1099. Passcode: Monday.

Saturday, Feb. 20, 2021 - Abbotsford/Mission District 11 - Zoom Sponsorship Workshop "Working Together To Recover". ZOOM ID: 819 1579 6803, Password: Alanon. Contact: kyla.marie@hotmail.com or phone: 604-703-5221.

- 10 am - Free chat
- 10:15 - Opening and Ice Breaker ["If you could sum up the Al-Anon program in one word, what would it be?"]
- 10:30 - Speaker: Mari-Ann from New York, a long-time member and sponsor
- 11:00 - Break-out sessions with sponsorship questions
- 11:45 - Reconnect with groups providing their input
- 12:15 - Panel Discussion with a long-time sponsor, a service sponsor and an Alateen Sponsor followed by questions, answers and open shares.
- 1:00 - Closing
- 1:05 Demonstration of Al-Anon App.



Officers and Coordinators 2021

Shannon P:	chair@bcyukon-al-anon.org	Vacant:	po_institutions@bcyukon-al-anon.org
Lynn B:	delegate@bcyukon-al-anon.org	Amy G:	literature@bcyukon-al-anon.org
Ally G:	altdelegate@bcyukon-al-anon.org	Michelle W:	aapp@bcyukon-al-anon.org
Ann A:	secretary@bcyukon-al-anon.org	Michelle W:	alateen@bcyukon-al-anon.org
Vacant:	treasurer@bcyukon-al-anon.org	Patty T:	website@bcyukon-al-anon.org
Jody S:	grouprecords@bcyukon-al-anon.org	Jean H:	bulletin@bcyukon-al-anon.org
Vacant:	publicoutreach@bcyukon-al-anon.org	Toni C:	archives@bcyukon-al-anon.org
		Annette P:	webmaster@bcyukon-al-anon.org

Subscribe to the BC/Yukon Area Bulletin

1. An electronic version of the BC/Yukon Area Bulletin is available free online at www.bcyukon-al-anon.org in the "Members" section. Username "**member**", password "**Area81**".
2. **Sign up for automatic monthly email delivery** by visiting <https://www.bcyukon-al-anon.org/bc-yukon-bulletin/>.

Paper Copies of the Bulletin:

1. **Please note we will resume mailing out the printed version of the Bulletin when the COVID-19 risk lessens.**
2. Your subscription will be extended by as many months as we temporarily do not distribute the paper version of the Bulletin.
3. **Payment information:** Make the cheque out to "**BC/Yukon Area Assembly**" and mail to Jean Hopley (no reference to Al-Anon), 7213 Aldeen Rd., Prince George, B.C. V2N 5P7.