

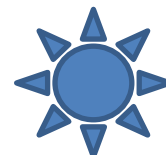
Al-Anon & Alateen Family Groups

# BC/YUKON AREA BULLETIN

Opinions expressed herein are not to be attributed to Al-Anon as a whole

Volume 11, Issue 5

May 2021



## Inside this issue:

Chair	1-3
Delegate	4
Alternate Delegate	5
Treasurer	6-8
Alateen	9
Group Records	9
Public Outreach	10
Website	11
Archives	12-13
Central Services	14-15
Events	15-16
O/C	17

We're on the web!

Website Access:  
[www.bcyukon-al-anon.org](http://www.bcyukon-al-anon.org)

To access "members"  
pages:

Username: **member**

Password: **Area81**

**(all one word)**

## Area Chair's Report

Happy Spring to all and Happy 70<sup>th</sup> Anniversary to Al-Anon,

As I write this, I am thinking about Lynn, our Delegate, in front of her computer representing our BC Yukon Area at the 61<sup>st</sup> World Service Conference. I am feeling very grateful and appreciative of Lynn's efforts and sacrifice on our behalf. I am looking forward to hearing her report at our Virtual Area World Service Committee Meeting later this month, on May 28th and May 29th.

Speaking of Area World Service Conference Meeting (AWSCM), in this Bulletin you will find the Agenda, some 'Zoom Etiquette' to be mindful of during the meeting and of course the Zoom meeting link. There will not be a password. If anyone has new business they wish to add to the Agenda, please let me know as soon as possible.

I know it is a long time to sit in front of a computer, so I will do my best to keep us on track and hopefully we can have an earlier closing time. There is not a lot of business to discuss. If we can all do our best to keep the distractions to a minimum, it will help make the meeting more streamlined and enjoyable for all.

To prepare for AWSCM, you will need to have the information from April's Bulletin, along with the information in this Bulletin. Prior to the meeting, the DRs will receive a package of information as well.

I want to remind everyone that our BC Yukon Website has great resources for members and this a perfect time to check it out. If you go to Members/Member Resources, you will find the 'DR Guide to AWSCM' under 'AWSCM General Information' and there is a lot of

good information there. Under 'Assembly General Information' you will find the 'Short List of Active Motions' which is handy to have for reference.

You might also want to familiarize yourself as I just did with the Voting Procedures and Knowledge Based Decision Making. We are fortunate to such have an awesome Website for our Area!

I am looking forward to seeing all the District Representatives and hearing their reports of successes and challenges. Remember that all interested members are welcome and encouraged to attend as well.

See you all on the evening of May 28<sup>th</sup> and the day of May 29<sup>th</sup>.

Yours in Service,  
Shannon P.  
BC/Yukon Area Chair  
[chair@bcyukon-al-anon.org](mailto:chair@bcyukon-al-anon.org)

---

### **Area World Service Committee Meeting ZOOM LINK**

The BC/Yukon Area is inviting you to a scheduled Zoom meeting on May 28 and 29/21.  
**Please see Agenda for times. You will be registered when you log on.**

Join Zoom Meeting

<https://us02web.zoom.us/j/9538244008>

Meeting ID: 953 824 4008

One tap mobile

+15873281099,, 9538244008# Canada

+16473744685,, 9538244008# Canada

Dial by your location

+1 587 328 1099 Canada

+1 647 374 4685 Canada

Meeting ID: 953 824 4008

Find your local number: <https://us02web.zoom.us/j/9538244008>

### **ZOOM ETIQUETTE/HINTS**

- Set up in a quiet room alone and wear headphones or earbuds if possible, to maintain confidentiality.
- Try to set up your camera so we can see you.
- Mute your mic when not speaking.
- Identify yourself with First name, Last initial, District # and Position if you have one.

- Please minimize distractions and try not to eat, sleep, lie down, work out...You get it!
- Know how to raise the little hand if you want to speak or if we need to do a count.
- Use the Chat function if you have a comment but remember that side conversations are akin to crosstalk.
- You can hit the space bar to speak and then it mutes again when you release the space bar.

**\*\*REMEMBER THAT YOU CAN ALWAYS PHONE IN AND PARTICIPATE EVEN IF YOU HAVE NO COMPUTER, MOBILE PHONE OR IPAD etc.\*\***

---

**BC Yukon Area 81 AI-Anon Family Groups ZOOM AWSCM**  
**AGENDA**

**May 28/29th 2021**

**Theme: “Moving Forward with Unity, Courage and Perseverance”**

**Friday May 28/21**

**5:00 Zoom Registration and Fellowship**  
**7:00** Welcome and Announcements  
**7:15** Introduction of Officers and Coordinators  
**7:35** DR Orientation  
**8:00** DR Reports 3rd Year  
**8:30** Closing  
**Fellowship**

**Saturday Morning May 29/21**

**8:00** Fellowship  
**8:30 Zoom Registration** opens  
**9:00** Welcome and Announcements-Traditions and Concepts  
**9:15** Consent Agenda  
**9:20** Treasurer's Report

**9:40** DR Reports 2nd Year  
**10:10 BREAK**  
**10:20** Continue with DR Reports  
**11:00** Delegates Report  
**12:00** Lunch

**Saturday Afternoon**

**1:00** DR Roll Call (Jody)  
**1:15** DR reports  
**1:30 Topics For Discussion**  
 -Public Outreach Motions 2019  
 -Webmaster Motion 2020  
 -Alateen Motion 2020  
**2:30 BREAK**  
**2 40** New Business  
**3:40** Agenda for Assembly 2021  
**4:00** Evaluations and Fellowship

**Please bring your Service Manual.**

**\*Zoom Etiquette\* Please set up a quiet undistracted area, mute your microphone, set up your camera properly and wear headphones if possible. Please be prepared as we need to make this as streamlined as possible.**

---

## Delegate's Message

Dear Al-Anon/Alateen Family,

By the time you are reading this, the 61<sup>st</sup> World Service Conference will be history; however, while I am writing this, I am in the midst of preparing for its virtual meeting from April 12th – 16th. I am still receiving several documents a day that require review and reading in order to participate fully and to represent BC/Yukon Al-Anon to the best of my ability. The final Conference Agenda resembles the face-to-face Conference that I had the privilege of attending in 2019. Each day is full with a variety of meetings, discussions, speakers, reports, presentations, updates, recommendations, voting on motions; and yes, even some breaks and entertainment. Whenever and wherever Al-Anons gather, whether virtually or face-to-face, you can be sure there will also be laughter and fun.

I will have lots to report in the June Bulletin, but for now I am focussing on preparing for my last Conference experience. Please accept my gratitude for your trust in me, for your support during my term as your Delegate, and especially for all the cards, texts, and emails expressing love and encouragement while I attend Conference. I am humbled.

With gratitude in service,  
Lynn B., Area Delegate  
[delegate@bcyukon-al-anon.org](mailto:delegate@bcyukon-al-anon.org)

# HAPPY 70<sup>TH</sup> ANNIVERSARY

May is the 70<sup>th</sup> anniversary of Al-Anon Family Groups that was founded in 1951. How does your group//District plan to celebrate this milestone?

---

## Alternate Delegate's Message

Hello Al-Anon Friends!

Oh, I so hope that as you read this you are well and healthy! And, if for whatever reason, you are not, well I hope you have all the gentle support you need.

Here we are 15 months into a global pandemic, and I don't know about you but.... I am so tired of it – all! But, in Al-Anon we practice acceptance so that's what I do: practice acceptance every day and focus on what I can change which is my attitude and my outlook. My mantra lately has been acceptance and gratitude.

I am grateful for the members who have sent cards and email to me after reading my Bulletin submissions from the last two months. Grateful for two reasons; I loved receiving mail (both email and snail mail) and it reminded me that people really do read the Bulletin! That this service document is meaningful for Al-Anon members. And that is the best feeling. Thank you.

In a few weeks, your Area Officers and Coordinators will host our first VIRTUAL Area World Service Committee Meeting (AWSCM). We will meet with your District Representatives (DR's) to discuss district and area issues, we will hear from our calm and capable Delegate, Lynn B., and we will make plans for an Area Assembly. This will be a new experience for all of us. Our fearless Area Chair, Shannon P., will guide us through the entire weekend and keep us on track in making wise decisions. On Friday evening I will present a DR orientation which will be, well, riveting, I'm sure!

In the before times, we would be meeting together and sharing laughs and food and fellowship and fun. And hugs...I long for Al-Anon hugs! But we will do our best to make the weekend gathering meaningful as we share our experience, strength, and hope. And for that, I am grateful.

Stay Well friends, you are loved.

Ally G.  
Alternate Delegate  
BC/Yukon Al-Anon  
[altdelegate@bcyukon-al-anon.org](mailto:altdelegate@bcyukon-al-anon.org)



---

## Treasurer

Hello to my AI-Anon friends;

As I write this report, it is sunny and warm. One could almost think we are ready to go outside and play. It's like "ready, set..." but someone forgot to say "go"! While we wait, I appreciate having AI-Anon meetings available through ZOOM. The comfort and support I receive with all of you helps me navigate the uncertainty of our times with a little more grace. I hope all of you are safe and well. I'm praying we can all meet again in person, although I'm quite reluctant to give up my ZOOM friends!

The financial reports are included here. We have received a number of contributions from groups in the amount of \$4900.29. Many groups have sent additional contributions to World Service Office to keep services fully funded and serving our membership. It's amazing how our program works so well using voluntary contributions! With the rising number of newcomers on electronic meetings, we can reasonably hope our groups will be strong when we can meet in person again.

Expenses have been minimal with the pause in our usual format for Area World Service Committee Meetings and Assembly. When we resume in the old format, I wonder what equipment we might need to arrange "hybrid" meetings so members that cannot travel are able to participate electronically. Just one of the topics your Officers are contemplating.

Treasurer expenses include approx. \$225.00 for QuickBooks software along with supplies for printing/mailling receipts and shipping the computer and records to Langley from Prince George. The Website Maintenance amount is explained in last month's Bulletin and will be discussed at Assembly this year. Software purchase is for the Office program for our 3 laptop computers (secretary, treasurer and bulletin). The WSC equalized expense was submitted late last year in the event the conference could proceed in person in 2021. This was not the case and WSO contacted us to offer a refund. The Officers considered the financial health of our Area compared to the financial wellbeing of WSO. It was decided to offer this money as a contribution to WSO so they can continue supporting all of us until we see our way through these difficult times.

As you can see from the balance sheet, we have \$18,985.53 in our bank account along with a prudent reserve of \$10,870.00 held in GIC's. We are in a good position to cover any expenses as we look forward to face-to-face meetings again.

Thank you for your support of all levels of service and thank you for proving that AI-Anon is alive and well, doing what we do best: sharing "the help and friendship we have been privileged to enjoy."

With gratitude,

Janis A., Area Treasurer

[treasurer@bcyukon-al-anon.org](mailto:treasurer@bcyukon-al-anon.org)

## BC/YUKON Area Assembly

### Income Statement

July 2020 - February 2021

	<u>Total</u>
<b>INCOME</b>	
42000 Contributions	0.00
40000 Group & District Contributions	<u>4,900.29</u>
<b>Total 42000 Contributions</b>	<b>\$ 4,900.29</b>
48600 Subscription Income - Bulletin	144.00
49000 Interest Income	<u>115.73</u>
<b>Total Income</b>	<b>\$ 5,160.02</b>
<b>GROSS INCOME</b>	<b>\$ 5,160.02</b>
<b>EXPENSES</b>	
62000 Administrative Expenses	0.00
62200 Bulletin	20.00
62600 Treasurer	<u>455.96</u>
<b>Total 62000 Administrative Expenses</b>	<b>\$ 475.96</b>
68000 General Expenses	0.00
68150 Bulletin printing/mailing	815.55
68270 Equipment/Software Purchase	122.08
68340 Website Maintenance	960.00
68400 WSC equalized expense - pg 165	<u>2,178.35</u>
<b>Total 68000 General Expenses</b>	<b>\$ 4,075.98</b>
<b>Total Expenses</b>	<b>\$ 4,551.94</b>
<b>TOTAL NET INCOME</b>	<b>\$ 608.08</b>

**BC/YUKON Area Assembly**  
**Balance Sheet**  
As of February 28, 2021

	<b>Total</b>
<b>Assets</b>	
<b>Current Assets</b>	
<b>Cash and Cash Equivalent</b>	
10000 Bank Account	18,985.53
10500 Reserve GIC - Feb	5,087.00
10600 Reserve GIC - Oct	5,000.00
12000 Undeposited Funds	0.00
<b>Total Cash and Cash Equivalent</b>	<b>\$ 29,072.53</b>
<b>Total Current Assets</b>	<b>\$ 29,072.53</b>
<b>Total Assets</b>	<b>\$ 29,072.53</b>
<b>Liabilities and Equity</b>	
<b>Liabilities</b>	
<b>Current Liabilities</b>	
<b>Accounts Payable (A/P)</b>	
20000 Accounts Payable	0.00
<b>Total Accounts Payable (A/P)</b>	<b>\$ 0.00</b>
<b>Total Current Liabilities</b>	<b>\$ 0.00</b>
<b>Total Liabilities</b>	<b>\$ 0.00</b>
<b>Equity</b>	
Retained Earnings	28,464.45
Net Income - current YTD	608.08
<b>Total Equity</b>	<b>\$ 29,072.53</b>
<b>Total Liabilities and Equity</b>	<b>\$ 29,072.53</b>



---

## Alateen

Calling all AMIAS! It is that time again...certifying! Yeah!! All members who qualify to be involved in Alateen service have to recertify and have a current criminal record check done every three years. I have emailed the forms to our current AMIAS and let those who need criminal checks done again know. If you have any questions, please contact me and also check on our website for guidelines regarding Alateen service. I am so glad there are members who are willing to do service in Alateen and keep it going for another year.

Sincerely,  
Michelle W  
Area Alateen Coordinator  
[alateen@bcyukon-al-anon.org](mailto:alateen@bcyukon-al-anon.org)  
[aapp@bcyukon-al-anon.org](mailto:aapp@bcyukon-al-anon.org)

---

## Group Records

Hello BC/Yukon!

I am preparing for the Zoom AWSCM, and I will be sending out the group records to your DRs. This allows us the opportunity to change any contact information and update your Group Record with WSO. If you are sending your changes directly to me, please reference your Group ID# & your district.

With Gratitude in Service,

Jody Swenson

BC/Yukon Group Records Coordinator  
Your "One Stop Shop" for Group Information  
[grouprecords@bcyukon-al-anon.org](mailto:grouprecords@bcyukon-al-anon.org)

---

## Public Outreach

Thank you .....

to all the Members, Groups and Districts who completed and submitted the Questionnaire regarding the status of your meetings. I received 53 Individual responses, 14 Group responses and 7 District responses. I have read each one and noted questions and suggestions, which I was very happy to receive.

90% of our groups are functioning very well using Zoom and/or telephone meetings.

Approximately 10% are able to have face-to-face meetings practicing Covid 19 guidelines.

98% of the groups who responded have their Zoom contact information on the Al-Anon website

99% of the Individuals, Groups and Districts are having regular meetings.

Most groups receive calls from Newcomers through AA information line, AIS, Central Office and/or Facebook, and provide them with information regarding Al-Anon and the type of meeting they have and log in information for Zoom meetings.

Two suggestions were:

“It would be helpful if Al-Anon WSO and BC/Yukon would be in touch with the Districts (who in turn would take the info to the Groups) providing ideas, information and meetings for DRs to attend.”  
*(On behalf of Public Outreach I have begun passing along information I receive from members.)*

“That all Districts make a contact list for meetings in their areas whether it is Face to Face or Zoom or Telephone and send it to the Public Outreach Coordinator BC/Yukon to distribute to other Districts.”  
I will add more information from the Questionnaires in the next few Bulletins or direct emails to the District Reps. In the meantime if anyone has any questions or requires information, please don't hesitate to let me know.

Happy Spring everyone!

Hugs in service,

Gail Schuler  
Public Outreach Co-ordinator  
[publicoutreach@bcyukon-al-anon.org](mailto:publicoutreach@bcyukon-al-anon.org)

---

---

## Website

Yesterday, I completed the BC government COVID survey that was randomly sent to 40,000 residents. Several of the questions were about the state of my mental health. During this time of pandemic, I have been made keenly aware of the how much the Al-Anon program means to me. I am grateful for the members, the fellowship, the literature, my Higher Power, and all those Al-Anon members that have come before me. Thank you to Lois W. and all the Al-Anon pioneers for striving for recovery. Thank you for your commitment to sharing the message and your stories that are published in our literature. Thank you for showing me that I have a Higher Power and for teaching me how to pray and meditate. Thank you for a life that is filled with hope, love, and serenity.

As early as 1939, families and friends of alcoholics attended A.A. (Alcoholics Anonymous) meetings with the alcoholic. As families shared with each other, they discovered the benefits of living by A.A.'s Twelve Steps, and how this improved their relationships, which often remained difficult, even after the alcoholic became sober. Eventually, the relatives and friends began meeting on their own.



***Al-Anon: Then and Now Pamphlet (a brief history) AR-2*** <https://al-anon.org/blog/families-of-a-a-begin-gathering/>

To read more about the history of Al-Anon, please visit <https://al-anon.org/formembers/wso/archives/> or read the Al-Anon Then and Now pamphlet at <https://al-anon.org/pdf/AR2.pdf> . You can also listen to an audio interview of 91-year-old Lois here [https://al-anon.org/media/1982 Lois Pioneers Part1.mp3](https://al-anon.org/media/1982_Lois_Pioneers_Part1.mp3)

So many people have not had the blessing of finding Al-Anon. We are a small percentage of all the lives that have been adversely affected by someone's problem drinking. As a new member many years ago, I never imagined that I would be grateful for the alcoholics in my life, but I am. They have helped guide me to this journey of self-discovery and healing. Thank you.

In the survey, it asks about methods of finding mental health support during COVID. I added Al-Anon online meetings under the "other" category.

*The 12<sup>th</sup> step: Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.*

My spiritual awakening has been a result of the steps, the fellowship, the literature, the meetings, the sharing of members, and most of all the love of the other members.

Service work helps me continue to strengthen my program and do what I can in to ensure that Al-Anon is available in the future. Thank you for trusting me to serve as your Website Coordinator.

Love in service,

Patty Takacs

[website@bcyukon-al-anon.org](mailto:website@bcyukon-al-anon.org)



# Historical Overview

## Al-Anon Family Groups

The following overview is a timeline of historical changes and growth phases in the Al-Anon/Alateen fellowship. It is an outline of our beginnings and basic events and is not intended as a comprehensive listing of all significant and meaningful Al-Anon occurrences.

- 1935** Lois W. recognizes her need for recovery when she throws a shoe at her husband, Bill W., co-founder of AA.
- June 29** - Lois W. meets Anne S., wife of Dr. Bob, co-founder of AA.
- 1939** Family groups begin to form.
- 1941** Lois W. and Anne B. meet as they drive their husbands to AA meetings.
- 1949** **June 1** - Anne S., Dr. Bob's wife, dies.  
Ruth G. starts a 12-page magazine in California called *The Family Forum*.
- 1950** Three members of the Toronto Wives Group speak at the First AA International Convention in Cleveland, OH.
- 1951** **April** AA's General Service Conference passes a resolution thanking early members who helped foster Family Groups.  
**May** AA's General Service Office gives Lois W. a list of 87 Family Groups and individuals located in the US, Canada, Australia, South Africa, and Ireland. Lois W. and Anne B. sent each of them a letter. Fifty-six groups expressed the desire to form a service office. Anne B. and Lois W. co-found Al-Anon and the Clearing House is established at Stepping Stones, the home of Lois and Bill W. in Bedford Hills, NY.
- 1952** **January 9** The Clearing House moves to the upstairs studio at the 24th Street AA Clubhouse in New York City.  
Lois and Anne write Al-Anon's first pamphlet, *Purposes and Suggestions*, and the Clearing House distributes the publication.  
Al-Anon groups begin to support the Clearing House through voluntary contributions of \$1.00 per member bi-annually and decide that the Clearing House will handle all national publicity.  
**March** The name "Al-Anon Family Groups" is selected by polling the groups.  
AA's Twelve Steps are adopted as our guidelines with one change. In Step Twelve, "alcoholics" is changed to "others."  
AA's Twelve Traditions are adapted and adopted.
- 1954** Henrietta S. is the first paid part-time staff worker. Margaret D. becomes the first editor of the *Al-Anon Clearing House Newsletter*.  
**June** - The *Al-Anon Clearing House Newsletter* name is changed to "*Al-Anon Family Group Forum*."  
**October** The Clearing House incorporates the name Al-Anon Family Group Headquarters, Inc.

Al-Anon Family Group Headquarters, Inc.  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454

- 1955 July** An article about Al-Anon is published in the *Saturday Evening Post* and gains national attention.
- Our first book, *Al-Anon Family Groups*, is published.
- 1957** Alateen begins in California.
- Al-Anon headquarters moves to 125 East 23<sup>rd</sup> Street, New York City. The groups now number over 1,000.
- 1960** At the AA International Convention in Long Beach, CA, Al-Anon votes to hold its own annual service conference.
- 1961 April** – The First Trial Al-Anon Conference is held in New York. Delegates from British Columbia, California, Florida, Illinois, Kansas, Michigan, Minnesota, New York, Ohio, Ontario, Pennsylvania, and Texas meet with World Service Office (WSO) staff and Board of Trustees.
- The World Service Conference (WSC) approves the Conference Approved Literature (CAL) process and the Twelve Traditions.
- 1970** The World Service Conference affirms the Twelve Concepts of Service.
- 1971** Al-Anon headquarters moves to 115 East 23<sup>rd</sup> Street, New York City. The groups now number over 6,000.
- 1973** Alateen's first book, *Alateen, Hope for Children of Alcoholics*, is published.
- 1978 February** – An International Coordination Committee is established to maintain unity and communication worldwide.
- March** Al-Anon headquarters moves to One Park Avenue, New York City. The groups now number over 15,000.
- 1979** The WSC approves holding two regional service seminars each year.
- 1980** The first General Service Meeting for overseas delegates and WSO staff is held in conjunction with AA's International Convention in New Orleans.
- 1984 February 24** Anne B. passes away.
- 1985** Al-Anon/Alateen's First International Convention is held in Montreal, PQ, Canada in cooperation with the International AA Convention.
- 1986** Al-Anon headquarters moves to 1372 Broadway, New York City, and the groups now number nearly 27,000.
- 1988 October 5** Lois W. passes away.
- 1990** Al-Anon/Alateen's Second International Convention is held in Seattle, WA in cooperation with the AA International Convention.
- 1991 October** – The Board of Trustees approves relocation for the WSO outside of the New York City metropolitan area.
- 1994** The World Service Conference authorizes the purchase of property on a 15-year trial basis.
- 1996** Al-Anon headquarters (WSO) moves to 1600 Corporate Landing Parkway, Virginia Beach, VA. The groups now number over 31,000.
- 1998** Al-Anon/Alateen's Third International Convention is held in Salt Lake City, UT. AA participated in this Al-Anon event.
- 2000** Al-Anon/Alateen incorporates in Canada. Conference Approved Literature is published in 30 languages.
- 2001** Al-Anon celebrates 50 years of offering hope to families and friends of alcoholics. Al-Anon is now in 115 countries.

Al-Anon Family Group Headquarters, Inc.  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454

---

## Central Services

Central Services needs to find a permanent Office Manager; please find below the Job Description for members to consider this valued position. This is a paid service position at \$15.50 per hour. Regular attendance at meetings, service work and knowledge of the Steps, Traditions and Concepts are necessary to meet the needs of enquiries, members requests and fellowshipping.

We invite you to come and volunteer for a few days to see first hand the inviting environment: the Archives, the packing room, and the office with its wall of literature. The office is in a bright, well-run building with friendly neighbours and plenty of room for a volunteer. If you would like to “try it on” for one or two days to get a feel for the position, we welcome you.

This position may not be for you, but perhaps there is a member that you consider to be a good candidate and as we do in AI-Anon you could suggest they consider making further enquiries and also perhaps come for a visit to the office. All Public Health protocols are being followed.

To make an enquiry about this position call our acting Office Manager Cynthia at 604-688-1716.

### **CENTRAL SERVICES OFFICE MANAGER JOB DESCRIPTION**

#### **OFFICE LOCATION AND OFFICE HOURS**

#222 - 3701 East Hastings Street  
Burnaby, B.C. V5C 2H6          Parking space provided.

Office hours are open to negotiation. As points of reference, during the pandemic office hours have been Monday, Wednesday and Friday from 10:00 am to 1:00 pm; pre-COVID hours for the Office Manager were Tuesday, Wednesday and Thursday from 10:00 am to 3:30 pm.

#### **COMMUNICATION**

Pick up mail from Post Office box once a week.

Respond to voicemails and e-mails.

Handle 12 Step Calls, meeting inquires, literature orders and general information.

Regularly update the meeting directory.

#### **INVENTORY**

Order literature from the World Service Office.

Pack up literature to be shipped and take to Canada Post.

Provide literature and attend a sales table at Assembly.

## **FINANCES**

Process donations and invoices for literature sales

Write cheques for outstanding invoices (World Service Office, Telus, etc.)

Make regular bank deposits and transfer CDN funds into the U.S. Account as needed to pay literature invoices

Transfer PayPal funds into the bank twice a month

## **MISCELLANEOUS**

Provide coverage for volunteers who work on Mondays and Fridays

Attend quarterly Office Committee Meetings and present a report

The Office Manager is the primary contact for all dealings to do with the Office (i.e., property managers, insurance brokers, equipment purchased or leased)

Yours in Service

Lynne G

Central Services Office Chair

604-688-1716

afgcentraloffice@gmail.com <http://afgcentraloffice.blogspot.ca/>

---

---

## **Events**

**May 15, 2021 – Langley Gratitude Day is an AA event with Al-Anon participation.** This year we will meet on ZOOM and registration is required. There is no cost to attend. Al-Anon has an exciting line up of meetings and they are all open to anyone who would like to attend.

10-10:50	Al-Anon is for Men
11-11:50	Alateen
12-12:50	Al-Anon in the Virtual World/ Al-Anon app
1-1:50	Adult Children of Alcoholics
2-2:50	Parents/Grandparents of Alcoholics
3-3:50	Living with Sobriety
4-4:50	Dual Members in Al-Anon
6:30 9:00	- Speakers

To register, please use this link:

<https://us02web.zoom.us/meeting/register/tZwrdeyrpjl0GNFRK2E9yyDit8o5Ew3etllS>

For any questions, please contact Sarah at [district10PO@outlook.com](mailto:district10PO@outlook.com) or 778-877-8795

**AI-Anon Workshop District 3 & 4- Connections – Explaining and Expressing Intimacy –  
May 15 –**

10:30 am Fellowship

Session I – 11 am – 12:45 pm

Session II – 1:15 pm – 3 pm

Zoom ID: 884 4599 7340 - Passcode: 245362

[districtworkshop3and4@gmail.com](mailto:districtworkshop3and4@gmail.com)

Spiritual Emotional Physical
------------------------------------



**AI-Anon Saturday Morning Healing Steps Anniversary Meeting – May 29<sup>th</sup> at 10:15 am**

<https://us02web.zoom.us/j/9799963478?pwd=YWN4QkN3akVpcUZlL3VKcGNNSmF3UT09>

There will be an AI-Anon and AA speaker.

Zoom Meeting ID: 979 996 3478 Passcode: 413025

# HAPPY ANNIVERSARY!

**Seconds & Inches – Upper Fraser Valley AA Corrections Roundup with AI-Anon participation  
May 29 – 9am – 5 pm**

Main speakers, panel discussions, "Corrections Corner", AA Trivia Game

2 AI-Anon speakers at 11 am.

Zoom ID: 285 909 9992 - Passcode: 42748

Contact info – [district10PO@outlook.com](mailto:district10PO@outlook.com)

# CELEBRATING RECOVERY!



---

## Officers and Coordinators 2021

Shannon P:	chair@bcyukon-al-anon.org	Vacant:	po_institutions@bcyukonal-anon.org
Lynn B:	delegate@bcyukon-alanon.org	Amy G:	literature@bcyukon-alanon.org
Ally G:	altdelegate@bcyukon-al-anon.org	Michelle W:	<a href="mailto:aapp@bcyukon-al-anon.org">aapp@bcyukon-al-anon.org</a>
Ann A:	secretary@bcyukon-alanon.org	Michelle W:	alateen@bcyukon-alanon.org
Janis A:	treasurer@bcyukon-alanon.org	Patty T:	website@bcyukon-alanon.org
Jody S:	grouprecords@bcyukon-alanon.org	Jean H:	bulletin@bcyukon-alanon.org
Gail S.	publicoutreach@bcyukon-alanon.org	Vacant:	archives@bcyukon-alanon.org
		Annette P:	webmaster@bcyukon-alanon.org

### Subscribe to the BC/Yukon Area Bulletin

Email your submission to the bulletin in plain text or "pdf" format by the **15<sup>th</sup> of each month** to [bulletin@bcyukon-al-anon.org](mailto:bulletin@bcyukon-al-anon.org) or follow the links on the website. You can also submit to both the website and the Bulletin from the link on the "Events" page on the website [www.bcyukon-alanon.org](http://www.bcyukon-alanon.org).

1. An electronic version of the BC/Yukon Area Bulletin is available free online at [www.bcyukon-al-anon.org](http://www.bcyukon-al-anon.org) in the "**Members**" section. Username "**member**", password "**Area81**".
2. **Sign up for automatic monthly email delivery** by visiting <https://www.bcyukon-alanon.org/bc-yukon-bulletin/>.

### Paper Copies of the Bulletin:

**Payment information:** Make the cheque for \$24.00 out to "**BC/Yukon Area Assembly**" and mail to Jean Hopley (no reference to Al-Anon), 7213 Aldeen Rd., Prince George, B.C. V2N 5P7.