



BC/YUKON AREA BULLETIN

Volume 12, Issue 9
September 2022



Opinions expressed herein are not to be attributed to Al-Anon as a whole

Inside this issue:

Chair	1-2
Delegate	3
Alternate Delegate	4-5
Assembly Info.	6-9
Hybrid Info	10-11
Task Force Report	11-13
Group Records	13
Alateen	14
Public Outreach	14-15
Treasurer	15-17
Literature	17-18
Central Service	18-20
Events	20
O/C	21

Area Chair's Report

Hello Al-Anon friends,

We are fast approaching our Assembly in Langley, **September 30 – October 2, 2022**. I really encourage you to attend in person to enjoy the full experience and I am looking forward to seeing and hearing from everyone, especially the Group Representatives! Your Officers, Coordinators and Liaisons have been busy planning and hope to make it an interesting and fun weekend!

Please bear with me repeating myself; I know I must sound like a broken record, but I want to be sure everyone has the information they need.

Reminder that the church Wi-Fi will not be available so, please download needed information on your device or bring printed materials for reference.

The information you will need to be familiar with and where to find it:

- **The Agenda** for Assembly 2022 is in this September Bulletin and on the website at <https://www.bcyukon-al-anon.org/member-resources/>. Log in and click "Member Resources" on the left. Click "Assembly" at the top of the page and it will jump down to the Assembly information.
- **Consent Agenda** is on the Website under **Assembly** – as above

We're on the web!

Website Access:

www.bcyukon-al-anon.org

To access "members" pages:

Username: **member**

Password: **Area81**

(all one word)

- Discussion Topics, Task/Thought Force reports, background information is on the Website in the same place. See the Alateen Thought Force and Permanent Electronic Groups Task Force reports and recommendations (formerly known as AFGWME); the 2018 Financial/Budget Motions – 3-year trial was completed last year.
- **All Assembly related information** – Group Representatives Guide to Assembly, Current and Proposed Schedule of Elections and Appointments, Voting Procedures, Motions, Knowledge Based Decision Making (KBDM) and so much more! This can be located on the same place on the Website.
- **Electronic Meeting Links** – See this bulletin for Akemi’s Hybrid Event report.

Call for Volunteers

Akemi is calling for volunteers to get familiar with the Hybrid setup for Assembly. This is not to take over the Hybrid coordinator positions but to learn about it, should there ever be a need to temporarily replace one of them. It’s a great way to see how it works and possibly do a little service. If anyone has any interest in observing and learning about this, please contact Akemi asap at event@bcyukon-al-anon.org

Group Representatives, you are the voting members at Assembly so I encourage you to be as prepared as you can and ask questions until you feel comfortable that you have a good understanding. We welcome questions!!! Bring a list of them!!

The Website is being updated regularly with reports and information as we prepare for Assembly, so please continue to check for updates.

If you have not booked your room or ordered lunch, now is a good time to do that!!

If you need a roommate (or two or three), contact our Alternate Delegate, Nancy Mc.

We are still accepting resumes until **November 15th** for Coordinator positions: Website, Literature, and Archives (one year left in that term). Resumes are on the Website, and you can always call/email me if you have questions.

We continue to ask for interested past or current District Representatives completing their 3rd year to consider letting their names stand for Chair and Secretary. Terms for all new positions start January 2023.

Looking forward to a fun and successful Assembly!

With Gratitude in Service,
Shannon P., BC Yukon Area Chair
chair@bcyukon-al-anon.org

Delegate's Message

Greetings All Al-Anon/Alateen Members,

I have been thinking about fellowship as I have had the privilege of some BC/Yukon travel this past summer.

Going to an in-person meeting is a great experience, one that sometimes seems new although it is not. However please keep your meeting information up to date, I went to a meeting while on vacation only to find it has not been at that address for over 2 years, very frustrating when a member needs a meeting, not to mention newcomers trying to find us.

Some news from the World Service Office (WSO):

- The 2021 World Service Conference Summary is now available on the website! Here's the link to the pdf: <https://al-anon.org/pdf/P46-2022-web.pdf> Printed copies will be available in September for a small fee to cover shipping and handling.
- We welcome Sally K. our new Canada West Regional Trustee.
- I am on the World Service Office Public Outreach Committee, and we meet electronically on a regular basis monthly. We have about 100 quotes to score for use in future literature, so that keeps me connected and busy.
- WSO is in the process of adding more of our literature to the e-book format; watch for them coming this fall.
- Finance Update – The World Service Office continues to review the Annual Budget and have sent an Appeal Letter to all the groups. The literature sales have been lower than anticipated, and they are still projecting a deficit budget for this year (\$332,763). However, with members help we could meet the budget. Please be generous with your contributions when you are able.
- **World Service Conference 2022:** My report from Area World Service Committee Meeting (AWSCM) in May is posted on the Website and will be updated at Assembly.

Looking forward to seeing all of you in Langley the last weekend in September.

In Gratitude and Service
Owen H., BC/Yukon Area Delegate
delegate@bcyukon-al-anon.org

Alternate Delegate

Hello BC/YUKON AFG Members,

September is Assembly month for our BC/YUKON Area AI-Anon.

I hope, as a member of AI-Anon you will mark it on your calendar and join either in person in Langley or online on September 30th October 1st and 2nd 2022.

This year all the details and everything you need to know will be on the BC/YUKON Area AI-Anon Website at: www.bcyukon-al-anon.org

- Click on Member then click Login
- Username: member
- Password: Area81
- Then click "Member Resources".
- Click "Assembly" at the top and you will see everything you need to know about Assembly and how we do the Business of AI-Anon at Assembly in the BC/YUKON Area.

Right below this section is the Assembly 2022 Documents everything on the agenda for this years Assembly will be in this subsection 2022 Assembly Documents on the BC/YUKON Website. **The Website is your “Go To” place for all your Assembly needs, resources, and preparation information.**

If you still have questions, please do not hesitate to ask your Service Sponsor, your Group Representative, your District Representative, the Assembly Chair or Alternate Delegate whose e-mail addresses are located on the website or BC/YUKON Bulletin. There is no question you should not ask. In AI-Anon we learn together, and we understand as perhaps few others can.

I have compiled a letter with attachments as a resource for Assembly preparation for members who are attending Assembly as Group Representatives or members whose groups have asked them to attend as the member who carries the voice and vote on behalf of the group.

Be sure you have a current e-mail address contact for your Group and have sent the update to the BC/Yukon Groups Record Coordinator, so you will receive a copy. Information to ensure you have it updated is located on the BC/Yukon AI-Anon website at: www.bcyukon-al-anon.org. member login click on Group Records then select “AI-Anon group change.”

If you do not receive a copy of the letter by the end of August and are representing a group at Assembly; please e-mail your e-mail contact info and request to altdelegate@bcyukon-al-anon.org and I will be happy to forward you a copy.

Do you subscribe to AI-Anon’s monthly magazine, the Forum, with sharing’s from members all over the worldwide fellowship? Have you read your copy of the August Forum? There are four sharing’s from Canada, and one of those is from British Columbia.

Check it out! If you would like to view a copy of any of the Forum issues published this year or find out how to start a subscription, please connect with me at Assembly.

As your Area Forum Coordinator, I will close with some *tidbits* of our ***Al-Anon Three Legacies*** from the September 2017 Forum.

Step Nine: *Made direct Amends to such people whenever possible, except when to do so would injure those or others....* God impressed on me the need to wait...I realized I couldn't make amends until I knew I would not justify myself or blame.

Tradition Nine: *Our groups as such ought never be organized; but we may create service boards or committees directly responsible to those they serve...* My Higher Power reminds me on occasion that I am not in charge. I can ask Him to support my efforts in service. I can also rely on others to serve in their own way and time, according to their own guidance...Life today is a much happier and more relaxed experience. And guess what? The world keeps turning and progressing as it should, all by itself.

Concept Nine: *Good personal leadership at all service levels is a necessity. In the field of world service, the Board of Trustees assumes the primary leadership.* It was my good fortune to practice the principle of personal leadership and "Let It Begin with Me" By changing the things I can and practicing the actions of love, prayer, and other principles of our program, today I have a stronger more loving relationship with myself, others, and the God of my understanding. My reactions to various personalities, including my own, are choices that I can make.

"I love you in a very special way" and I can't wait to connect on September 30th at Assembly

Nancy MC.

BC/Yukon Alternate Delegate

altdelegate@bcyukon-al-anon.org



**2022 BC/Yukon Assembly
September 30, October 1 & 2, 2022
Langley, B.C.**

Locations for Meetings:

Officer/Coordinator Meeting: Friday 1:00-4:00 Holiday Inn Express, Magnolia Room

Alateen AMIAS: Friday 5pm -6pm Holiday Inn Express, Magnolia Room

Assembly Friday registration 6pm – Assembly starts at 7pm - 9pm

Al-Anon Early Bird Meeting Saturday Holiday Inn Express Magnolia Room/Walnut Grove Lutheran Church – **Location to be announced** - 8 am to 8:45 am

Assembly Saturday: 8am registration 9am start to 9pm - Located at Walnut Grove Lutheran Church, 20530 88th Ave, Langley B.C

Spiritual Meeting Sunday morning: Holiday Inn Express, 8750 204th Street, Magnolia Room 9am to 11am

Accommodations:

Holiday Inn Express

8750 204th Street, Langley, BC, V1M 2Y5

RESERVATIONS MUST BE MADE DIRECTLY WITH THE HOTEL @ 604-882-2000

**** Rates listed below are available until August 29, 2022**

PLEASE QUOTE “N2K” WHEN MAKING RESERVATIONS TO ENSURE YOU GET THE GROUP RATE.

40 - Standard rooms with two queen beds	\$164.00 +taxes
4 - Deluxe king room	\$164.00 +taxes
4 – Executive rooms with two queen beds	\$174.00 +taxes
2 – Wheelchair accessible one queen rooms	\$164.00 + taxes
3 - Executive king room with sofa bed	\$174.00 +taxes

For assistance finding a room to share contact: altdelegate@bcyukon-al-anon.org

These rates are based on double occupancy, and there is a \$15.00 charge for any additional person. The hotel rooms **include a hot deluxe breakfast**, which includes omelets, scrambled eggs, sausage, bacon, breads etc. Amenities: Wi-Fi, free parking, indoor pool, hot tub, sauna fitness room.

Cancellation Policy:

Reservation not cancelled 72 hours prior to arrival will be charged for one night room & tax

Travel information:

88th. By Car: To exit #58 on Freeway, travel north on 200th St. and turn right (east) on

By Air: To Vancouver International Airport
To Abbotsford Airport (closest airport to venue)

By Bus: Check Bus service/companies specific drop off locations

Host committee chair: Elke H District 9

Contact info: hendess@ymail.com (ymail is correct not gmail)

Phone 604 –710-2213 or Dawn dawn.eagle@telus.net

Any members willing to assist with hosting duties or kitchen support please contact Elke For assistance with Shuttle services from points of arrival please contact Elke District 9. The Host Committee is requesting a “call-out “for volunteers from any members or Districts who are willing to assist in helping the hosting committees with various Assembly hosting duties: set up, coffee, snack, registration etc., please contact the members above.

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Assembly 2022 Lunch Option

To provide lunch in a safer manner than going to crowded restaurant, we have arranged for a boxed lunch for each member who plans to attend in person and orders in advance.

This year we will use the honor system to pay for your lunch. Members will be able to pay at the registration table when they arrive, using cash or cheque. If you would like to pay in advance, you may send cheque or e-transfer to your Area Treasurer.

Details are in the Bulletin in the Treasurer section. For e-transfers, it is important to note your name, phone number or email, district # and selected sandwich & drink in the e-transfer message. **If your e-transfer is not accepted in 5 days, please resend, or contact the treasurer.**

LUNCH BOX – PLEASE ORDER BY SEPTEMBER 20, 2022

1 sandwich - Choice of white or brown bread or gluten free

1. Ham and cheese mayo and mustard
2. Tuna salad
3. Egg salad
4. Smoked chicken with chipotle and mayo
5. Curry chicken salad
6. Roast beef sandwich with dijon mustard and mayo

- | |
|---|
| Each lunch box also includes: <ul style="list-style-type: none">• Bottled water or juice box• Small potato salad• 2 cookies and a square and apple• Fork and napkin and wipe |
|---|

Total Price: \$17.00

BC/Yukon Area Hybrid Assembly Agenda

September 30-Oct 2, 2022
Langley, B.C.
Theme “Enhancing Our Recovery Through Abundance, Unity and Understanding”

Pre-Assembly meetings, Friday Afternoon,
September 30, 2022

- 1:30pm–4:00pm Officer/Coordinator meeting
Magnolia Room Holiday Inn

- 5:00pm - 6:00pm AMIAS in person and
Virtual Meeting in the Magnolia Room- virtual
link in Alateen Sept. Bulletin report

Friday Evening, September 30, 2022

- 6:00pm In-person Registration @ Walnut
Grove Lutheran Church Hall

Virtual room opens for fellowship 6 pm

- 7:00pm Hybrid Meeting Starts
- Welcome and Announcements
- Assembly Purpose and Goals
- 7:30pm Group Representative Orientation
- 9:00pm Closing, Fellowship, and Ice
Cream Social

Saturday Morning, Oct 1, 2022

8:00 – 8:45 Hybrid Early Bird Meeting @Walnut Grove Lutheran Church Hall/Holiday Inn **TBA**

8:00 In-person Registration

9:00 Hybrid Meeting Opens Walnut Grove Lutheran Church
Welcome/Traditions/Concepts

9:15 Introduction of Officers, Coordinators & Past Delegates

9:30 Consent Agenda: includes Assembly 2021 Minutes and Officers &
Coordinators Annual Reports

9:40 Treasurer’s Report
Tradition 7

10:10 Poll all past and present DRs for candidates for Chair, Secretary

Request applications for Coordinator positions: Website, Literature, Archives (last year
of term). (Deadline Nov 15)

10:20 ***** *Break******

10:35 Website Presentation

11:00 Delegate’s Report from WSO

12-1:00 ***** *Lunch Break******

Saturday Afternoon, October 1, 2022

1:00 Review voting procedures and KBDM (Knowledge Based Decision Making)

1:15 Roll Call for Voting Members (Group Representatives only)

1:25 **Discussion Topics**

- Recommendations from Permanent Electronic Groups Task Force
- Recommendations from Alateen Thought Force

2:15 ***** *Break******

2:30 Opportunity to hear from candidates for Chair and Secretary

2:45 *****Break *****

3:00 Election of Officers: Chair, Secretary

3:15 Voting

- Ratify proposed change to Schedule of Elections and Appointments
- Reconsider Financial Motions from 2018 (3-year trial completed)

3:35 Central Service Office presentation

4:00 Ask it Basket/GR Questions Workshop

5-7:00 *****Dinner Break*****

Saturday Evening, Oct 1, 2022

7:00 Motion and vote:

- Permanent Electronic Groups Task Force Recommendations
- Motion/vote Alateen Thought Force Recommendations

8:00 Bids for Hosting AWSCM 2023

8:15 Unanswered questions

9:00 Closing

Evaluations and Fellowship

Sunday Morning Spiritual Meeting (Hybrid) - Magnolia Room Holiday Inn 9-11am

****Bring your Service Manual, Group Rep Guide, Coffee Cup/Water Bottle****

Be prepared to write/create your own personal quote at a time.

****Electronic Meeting Etiquette ****

******Please refer to September Bulletin for all electronic meeting links*****

Hybrid Meeting Event Coordinator

Hello my dear AI-Anon friends,

As you have been reading in this Bulletin, Assembly 2022 is here! How exciting!! Here is the info you will need if you will be joining us virtually.

Please use this link to register in advance:

https://us06web.zoom.us/meeting/register/tZAof-uppjojH9Nxabi1eRfctrl0DYe-_Glx

After registering, you will receive a confirmation email from Zoom containing information about joining the meeting. Our suggestion is to register early to avoid any last-minute complications. If you have any questions or concerns, please let me know and I will be happy to help.

Assembly is scheduled to start at 7:00 pm on Friday September 30, 2022, but you're welcome to login any time after 6:00 pm for fellowship or just to check that you have all the technology worked out ahead of time.

Please remember that this is an anonymous fellowship. If there are others in your home, please protect the anonymity of other members by using headphones and being mindful of who can see your screen or go to another location in your home where the meeting cannot be overheard or seen by others.

Meeting IDs via Zoom:

Assembly - please note, if you haven't registered first, Zoom will re-direct you to the registration page:

Meeting ID: 845 8218 1957

Passcode: 553374

Early Bird Meeting:

Meeting ID: 811 6949 2904

Passcode: 032772

Tips for Virtual Meeting Attendees:

Here are some age-old guidelines that comprise good meeting etiquette:

• • • • •

Being on time, maintaining eye contact when sharing, paying attention to what is being discussed as well as minding your body language, avoiding disruptive eating, and drinking, being respectful to whoever is speaking.

In addition, please remember to:

- Mute your microphone when you are not speaking
- Position your camera properly
- Limit distractions
- Please come fully clothed! 😊

Looking forward to seeing you all!

Akemi M.

Hybrid Meeting Event Coordinator

Mobile: 778.874.5501

event@bcyukon-al-anon.org

TASK FORCE REPORT for ASSEMBLY 2022

Motion: Move to create a task force to explore how to accommodate Electronic Meetings within the BC/Yukon and present findings for vote at Assembly 2022 – Carried

Starting question: What is the benefit for **PEG (permanent electronic group)** to be registered with World Service Office (WSO)?

- PEG can be listed with WSO so they can be found by those who want to know more about AI-Anon
- PEG is connected to the worldwide fellowship through communications with all levels of service
- Group conscience of PEG is heard through the World Service Conference through links of service
- PEG has permission to share or display copyrighted materials during their meetings

This task force proposes policy and procedures to PEGs into BC/Yukon Area service structure so they may participate in the links of service between groups, service arms and World Service Office.

Suggested Initial Area Structure:

1. Create a new permanent electronic group district as BC/Yukon District #34 for all PEGs applying to register as part of the BC/Yukon area service structure. Area Officers will encourage the new electronic district to elect a DR or will appoint an interim DR. This is to ensure the PEGs get connected to the area service structure during the trial period.
2. Allow each district in BC/Yukon to decide if and how they might allow a PEG to become a part of the geographical district.
 - a. Identify requirements for acceptance of PEG into existing district (e.g., Group Representative able to attend District Meetings in person, or district to offer hybrid or electronic format for district meetings)
 - b. Report the district decision to Area Group Records Coordinator who will inform a newly registered PEG of district requirements.

- c. Existing registered groups who have changed to PEG have simply changed their address and will continue to be connected to their geographical district.
3. Area Group Records Coordinator will move a PEG from the electronic district (#34) to the geographical district upon a written request supported by group conscience and approval from the electronic district and receiving geographical district.

Suggested Area Policies:

1. Group Representative, Alternate Group Representative, and current mailing address (CMA) of a PEG group must reside in BC or Yukon.
2. District Representatives, Alternate District Representatives, Officers, and Coordinators (voting members) who are members of PEGs must reside in BC or Yukon.
3. All districts accepting a PEG will need to have a District Representative or Alternate to facilitate PEG participation in service structure.
4. As the purpose of registration is to be part of the Al-Anon Family Group structure, it is expected that District Representatives and Group Representatives or alternates representing PEGs will make themselves available to participate in service meetings whether in person or electronically.
5. PEGs (and all groups) are asked to become familiar with and follow all guidelines as set out in the service manual and guidelines <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/>
6. PEGs (and all groups) make every effort to ensure members are aware of and have methods in place to make contributions to our service arms (Tradition 7) through contributions directly to the group and distributed to various service levels or contributions made directly from members to various service levels.

Current Application Process to Join WSO Global Electronic Area:

Fill out Electronic Meeting Registration Form:

<https://al-anon.org/for-members/group-resources/group-records/new-electronic-meeting-registration/>

Ensure all members are aware of the conditions outlined at the bottom of the form regarding protection of Al-Anon's copyright materials and intellectual property rights.

- Instructions for filling out Registration form:

<https://al-anon.org/pdf/Electronic-Meeting-Registration-Instructions-EN.pdf>

Once an Area has a process to accept electronic Al-Anon groups, any new electronic group that registers can register directly with the Area. (WSO memo, Aug 2022)

Suggested Registration Process to Register PEG With BC/Yukon Area:

- A. **Send application (print from World Service Office link above) directly to Area Group Records Coordinator:**
grouprecords@bcyukon-al-anon.org. Your Area Group Records Coordinator will register the PEG to District #34 in BC/Yukon. This will be the new electronic district.

- B. **Requesting assignment to a geographical district** (rather than the electronic district #34): Once the PEG is registered with BC/Yukon, the group can request assignment to a geographical district. The district will need to agree to accept the PEG. Districts will have the autonomy to decide if their district meetings will have an electronic option or if Group Representatives will be expected to attend in person. The PEG will need to agree to participate according to the district's practices.

Recommend a trial period of 2 years to assess and modify policies and processes as needed. (To align with 3-year trial for hybrid Assembly and AWSCM that ends in 2024)

The complete report with background information can be found at www.bcyukon-al-anon.org/member-resources/

Group Records

Hello friends,

I hope to be seeing you in person at Assembly in Langley.

When sending in any group changes to grouprecords@bcyukon-al-anon.org please include your District #, Group Name and WSO#

With Gratitude in Service,
Sarah O., BC/Yukon Group Records Coordinator
grouprecords@bcyukon-al-anon.org
Your "One Stop Shop" for Group Information

Alateen

Hello Al-Anon members,

I am happy to report we have 21 AMIAS and three active groups in our area.

I have started to show the World Service Office (WSO) modules via Zoom and will again at Assembly. These PowerPoint presentations go over common issues and concerns as well as valuable information about running an Alateen meeting.

I have been incredibly happy with the response from the AMIAS's and other Al-Anon members who want to be involved in getting Alateen meetings in their Districts. A huge thank you to those who have stepped up to help Alateen!!!

I look forward to having more zoom meetings to get all of us knowledgeable and informed to help young people who are affected by their parents and family/friends by alcoholism and let them know there is place for them to get help.

I would like to share from the Alateen "Just for Today" bookmark. "Thank you, God for Love...for helping me to sow love where only hatred could grow before, for helping me understand my parents and others, showing me that, no matter what they do, I can still love them. It is wonderful to know what love really is –to have that sense of hope which assures me that I don't have to be lonely anymore."

Thank you all for your support and encouragement which I would like to forward on to all members of Al-Anon and Alateen. We are not alone anymore.

Michelle W.

BC/Yukon Alateen Coordinator

alateen@bcyukon-al-anon.org

Zoom Link AMIAS Meeting on Friday, Sept. 30 from 5pm-6pm:

- **393 518 0242**
- **Password: 4JRMO1**

Public Outreach

Hello Everyone,

September is here and so will Assembly be held at the end of the month. Please encourage all Group Representatives to attend the Assembly and give your group a vote.

Attending Assembly is one of the primary roles of the Group Representative position, and now that we have both Zoom and in person it should be easy for all Group Representatives or their Alternate Group Representative to attend and vote.

It is a lot of fun and very informative as to what is going on in Al-Anon, which your groups deserve to know. Also encourage members of your Group to attend. The Group members have a say in

what is being voted on, but the voting is left to the Group Representative or the Alternate Representative.

Please, all you Northern Groups have someone represent you via Zoom, if it is too costly to be there in person. We have a unique opportunity to have all Group Representatives in attendance and me for one am looking forward to meeting you all on Zoom or in person.

It's well worth the time.

Hugs in service,

Gail S.

BC/Yukon Public Outreach Coordinator

publicoutreach@bcyukon-al-anon.org

Treasurer

Income & Expense Statement

July 1, 2021, to June 30, 2022

INCOME

Contributions

Bulletin Subscriptions	338.00
Group and District Contribution	9,405.75
Interest Income	66.24

Miscellaneous income	635.00
Tradition 7 Income	1,503.25

Total Contributions	<u>11,948.24</u>
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Expenses reimbursed re O/C & AWSCM

Total Income	<u>11,948.24</u>
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EXPENSE

Administrative Expenses

Archives Coordinator	202.23
Area Delegate	112.66
Area Secretary	100.76
Area Treasurer	292.08
Assembly Chairperson	28.85
Public Outreach Coordinator	277.67

Total Administrative Expenses	<u>1,014.25</u>
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Convert cassettes to MP4

Area Assembly

Facility Rental & insurance	75.00
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Total Area Assembly	<u>75.00</u>
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Area O/C Meeting

Accommodation	147.44
Facility rental & insurance	105.00
Meals	161.84
Travel	730.27

Hosted in Nanaimo

Total Area O/C Meeting	1,144.55	
AWSCM		Hosted in Salmon Arm
Accommodation	3,304.44	
Equipment Rental	252.12	
Facility Rental & Insurance	560.00	
Meals	960.85	
Travel	<u>1,150.70</u>	
Total AWSCM	6,228.11	
General Expenses		
Archive Storage	1,542.08	
Bank Fees	4.00	
Bulletin printing/ mailing	776.68	
Delegate expenses for WSC	653.26	
Equipment purchase	2,382.69	2 laptops and a projector
Software expense	884.04	Zoom, Windows 365, QuickBooks
Website hosting	1,250.28	Go Daddy – 2 years (incl. security)
Website maintenance	960.00	
WSC equalized expense (pg. 165)	<u>3,778.94</u>	Paid full amount to WSO
Total General Expenses	12,231.97	
Total Expenses		<u>20,693.88</u>
INCOME LESS EXPENSES (Net Loss)		<u><u>-8,745.64</u></u>

BC/Yukon Al-Anon Family Groups

Balance Sheet

As of 30 June 2022,

ASSETS

Current Assets

Chequing/Savings

Bank

CIBC Chequing account 12,792.19

CIBC GIC matures August 2023 5,000.00

CIBC GIC matures March 2023 5,000.00

Total Bank 22,792.19

Total Chequing/Savings 22,792.19

Total Current Assets 22,792.19

TOTAL ASSETS **22,792.19**

LIABILITIES & EQUITY

Equity	
Retained Earnings	31,537.83
Net Income	<u>-8,745.64</u>
Total Equity	22,792.19
TOTAL LIABILITIES & EQUITY	<u>22,792.19</u>

Hello to my Al-Anon friends,

The financial reports are included here with some notes to explain certain income or expenses. Should you have any questions, please contact me by email or bring your questions to Assembly and I will do my best to provide answers.

We have very few requests for the boxed lunches the host committee arranged for Assembly. PLEASE send your orders as soon as possible so we can ensure we have everything in place for your convenience at Assembly. The box lunch information is included in this bulletin. You may pay in person at Assembly or in advance by e-transfer or cheque. Our host committee from District #9 is hoping to receive the lunch orders to determine how to set up for Assembly. Your prompt attention is appreciated!

I look forward to seeing all of you online or in person next month!

With gratitude,

Janis A, BC/Yukon Area Treasurer

treasurer@bcyukon-al-anon.org or 604-454-4873

By cheque: Payable to “BC Yukon Area Assembly”

Mail to the current treasurer using contribution form (in Feb Bulletin or on website)

Janis Armit (no reference to Al-Anon please)

27111, 0 Avenue – Unit #3

Langley, BC V4W 2S9

Receipts can be sent by e-mail if an email address included

By e-transfer: BC Yukon Area Assembly treasurer@bcyukon-al-anon.org

You need to enter a security question, make the answer Tradition7 (no space)

In the message, **please note your district # or city, and group name**

(If you miss the message, please send a follow up email with that information)

Your receipt for e-transfers will be the email confirming accepted deposits

Literature Coordinator

Hello everyone,

Is it possible that autumn has arrived, and our summertime slumber is over?

Time to reevaluate the state of our recovery and consider a service position. The World Service Organization has provided members with a wealth of printed material to help kick start another period of growth in our programs.

The decision was made and implemented to increase the price of much of the printed material produced by the World Service Office. The costs of both labor and materials warrants this price increase but you are still able to purchase books and pamphlets already in stock at the literature distribution center near you.

One book I can highly recommend to you is *When I Got Busy, I Got Better* (P78). The secret to recovery is SERVICE. Al-Anon is a 'WE' program. In Al-Anon we need never be alone and particularly in service. In this book members share how Twelfth Step work builds self-esteem, confidence and trust while reducing fear and isolation. This is a small book of only 60 pages but packs a punch.

Another short read that I can recommend is *Living with Sobriety – Another Beginning* (P49). This booklet is only 52 pages but contains the experience, strength and hope of members who have had to adjust to the changes that accompany sobriety. "I felt totally deserted and abandoned. Al-Anon friends helped me get over the damage done to my ego. They suggested that I finally take a Fourth Step inventory and see that I had some points in my favor. They helped me get over my terrible loneliness by asking me to reach out to help others who were lonelier than I. I made 'Twelfth Step' my middle name. I became involved in Al-Anon service work and traveled through the Area, meeting new friends, developing new interests. What a difference it made in my life!" Page 22.

If you have a conference approved book that has been helpful in your recovery, I would be pleased to mention it in an upcoming article if you will drop me a quick email.

Happy reading,

Audrey E.

BC/Yukon Al-Anon Literature Coordinator

literature@bcyukon-alanon.org

Central Service Office: Al-Anon Information Services (AIS) Literature Distribution Centre (LDC)

Many Voices, One Journey

"...two aspects of Al-Anon have continued to thrive in tandem - Al-Anon, the fellowship; and Al-Anon, the organization that Lois W. and her friend, Anne B., created to serve the fellowship."

Introduction page 1

The "many voices" are about to gather at "**Assembly**" September 30th, October 1st, and October 2nd, 2022 - Group Representatives will come or Alternate Group Representatives or any

representative of your group to gather to “serve the fellowship”. In this bulletin and in last month’s bulletin you will find guidance and direction for the “journey”, help yourself. The idea is for you to be comfortable by reading and preparing for your contribution to the “organization...created to serve the fellowship”.

Central Services will be doing an education session on the Saturday, it will not be a power point it will be a “dialogue” - hope that tweaks your interest and see you there in Langley where we will assemble.

Announcement

BC/Yukon Central Services Society will meet online **Sunday, September 18, 2022, at 11:00 am.** Notice will be given to members of the Society with financial statements one week before by email.

Office Hours	Address	Mailing Address
Mon. Wed. Fri.	#222 - 3701 Hastings St	PO Box 28574
Last Sat of the month	Burnaby, BC	Burnaby BC
10:00 am - 1:00 pm	V5C 2H6	V5C 6J4

Tradition 7 through Groups, Districts, individuals - by cheque or pay pal.
Thank you.

Chair, Lynne G.

T/F. 604-688-1716

E mail afgcentraloffice@gmail.com

www.bcyukon-al-anon@gmail.com

Http://afgcentraloffice.blogspot.ca

LITERATURE PICK-UP

Where: BC/Yukon Area Assembly, Langley BC

When: September 30, October 1-2, 2022

Pre-order literature from
Al-Anon Central Services Office
by September 22 & it will be available for pick-up at Assembly
For those attending on Zoom,
all orders placed by September 22 will shipped at reduced rates

Phone: 604-688-1716

E-mail: afgcentraloffice@gmail.com

AL-ANON CENTRAL SERVICES SUBMISSION FOR SEPTEMBER 2022 BULLETIN

AL-ANON CENTRAL SERVICES INFORMATION FOR JULY 2022

CONTRIBUTIONS, CALLS, VISITS, EMAILS

Contributions - \$1,390.57

Calls 32– Visit 12 — Email Mtg Info 22

Email Literature Info. 7

Events

Sunday, September 11 at 1 pm Summerland Serenity Al-Anon Family Group will meet at Sunoka Beach. Please bring something to share. BBQ hot dogs and buns are provided! Do not forget to bring your lawn chairs, drinks, and lawn games! We will supply plates, napkins, utensils, and condiments.



Thursday, September 15th Celebration of Al-Anon's 71st & Alateen's 65th Anniversary – 5:30 pm – 7:30 pm at 1525 West 7th Avenue, Vancouver. Viewing of Al-Anon historical films: Lois's Story & Lois W. and the Pioneers. The canteen at the Alano Club is open for refreshments. There will be a balloon release. For more information contact lynettemorton@gmail.com

HAPPY
ANNIVERSARY

Thursday, October 20 at 9:30am – 11am Thursday Morning AFG 7th Anniversary Meeting, Deer Lake United Church, Burnaby. This is an in-person meeting with Al-Anon and AA speakers. Contact: sherieline0929@gmail.com

Officers and Coordinators 2021

Shannon P	chair@bcyukon-al-anon.org	Audrey E	literature@bcyukon-al-anon.org
Owen H	delegate@bcyukon-al-anon.org	Michelle W:	alateen@bcyukon-al-anon.org
Nancy M:	altdelegate@bcyukon-al-anon.org	Patty T	website@bcyukon-al-anon.org
Ann A:	secretary@bcyukon-al-anon.org	Jean H:	bulletin@bcyukon-al-anon.org
Janis A:	treasurer@bcyukon-al-anon.org	Vacant:	archives@bcyukon-al-anon.org
Sarah O	grouprecords@bcyukon-al-anon.org	Annette P:	webmaster@bcyukon-al-anon.org
Gail S:	publicoutreach@bcyukon-al-anon.org	Akemi M	event@bcyukon-al-anon.org
		Ernie W.	equipment@bcyukon-al-anon.org

Subscribe to the BC/Yukon Area Bulletin

Email your submission to the bulletin in plain text or "pdf" format by the **15th of each month** to bulletin@bcyukon-al-anon.org or follow the links on the website. You can also submit to both the website and the Bulletin from the link on the "Events" page on the website www.bcyukon-al-anon.org.

1. An electronic version of the BC/Yukon Area Bulletin is available free online at www.bcyukon-al-anon.org in the "**Members**" section. Username "**member**", password "**Area81**".
2. **Sign up for automatic monthly email delivery** by visiting <https://www.bcyukon-al-anon.org/bc-yukon-bulletin/>

Paper Copies of the Bulletin:

Payment information: Make the cheque for \$24.00 out to "**BC/Yukon Area Assembly**" and mail to Jean Hopley (no reference to AI-Anon), 7213 Aldeen Rd., Prince George, B.C. V2N 5P7.