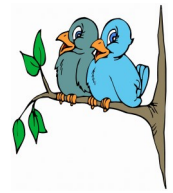




# BC/YUKON AREA BULLETIN

Volume 14, Issue 5

May 2024



Opinions expressed herein are not to be attributed to Al-Anon as a whole

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## Area Chair’s Report

Hello Al-Anon Friends.

I am grateful to have this opportunity to write to you as your Area Chair and I am also so humbled to get to work with such a committed and hard-working group of trusted servants in your Area Coordinators, Officers, and Liaisons. Truly, stepping into this job would have been overwhelming without their kind support and guidance. I thank them all.

Today, I want us to turn our minds to the future; the future of our Al-Anon program in BC Yukon. I am excited by the opportunities in front of us as we do good work with courage to ensure that our program is available and healthy for future generations of Al-Anon members. And part of our focus needs to be keeping up with technology and the costs and expertise that are required to keep moving forward.

In the coming months we will decide about the future of our Hybrid Meetings. We will have a good discussion about this at our Area World Service Committee Meeting (AWSCM) in May and then more discussion and a vote at Assembly in September.

Did you know that BC Yukon Area sends our Bulletin to about 700 members each month?! What a fabulous public outreach tool! We have outgrown our current email distribution system and need an upgrade. Which, on the surface, sounds simple, but it requires a financial commitment and some technological expertise. Your BC Yukon trusted servants have been problem solving this and will have more information in the coming months. Our ultimate responsibility is to the members we serve, and it is incumbent upon us to communicate with our membership in effective and meaningful ways.

Our website needs some attention. Again, it’s a great problem to have. We have outgrown our current platform. And again, this will require a financial commitment for the technology upgrade and technological expertise to maintain the site. Our member’s site is a dynamic tool and is limited by our current set up. We will need to be able to rely on this site more and more as we grow in the future.

So I’m asking for your patience as we work on these issues and your faith that your trusted servants are working for the betterment of Al-Anon in BC

### We’re on the web!

#### Website Access:

[www.bcyukon-al-anon.org](http://www.bcyukon-al-anon.org)

To access “members” pages:

Username: **member**

Password: **Area81**

**(all one word)**

Yukon. And while I'd rather see you all in person in May, I will be so, so happy to spend a virtual weekend with a group of like-minded people, working together for the future of AI-Anon.

With kindest gratitude,

Ally G  
Chair BC Yukon AI-Anon  
[chair@bcyukon-al-anon.org](mailto:chair@bcyukon-al-anon.org)

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## Delegate's Report

Greetings BC/Yukon AI-Anon/Alateen members,

Long days and great fellowship were part of what I experienced at the World Service Conference. This year outgoing Panel 62 members gave 3-minute talk/shares to the Conference, and it was great hearing how each member related their experience.

At the Conference we heard about "Road Trip 2024" that will be in South Carolina this year. As you may recall, we talked about submitting a bid in the past and have had our members step up to do the leg work. Do we want to submit a bid for next year?

The deadline to submit is this September.

The AA International Convention with AI-Anon/Alateen participation is coming up in Vancouver in July 2025 so stay tuned for more details and the opportunity to volunteer to be of service.

We, in BC/Yukon will have our AWSCM soon, and I look forward to reporting more details to you all.

Best,  
Owen H  
BC/Yukon Delegate  
[delegate@bcyukon-al-anon.org](mailto:delegate@bcyukon-al-anon.org)

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## Alternate Delegate's Report



Hello fellow AI-Anon members:

Well here we are the month of May. Everyone knows what that Brings! **AWSCM!** Yes, the Area World Service Committee Meeting.

This is the annual meeting where DRs like Ermagarde come to participate in "carrying the envelope" in the links of service to gather information to take back to the District, the GRs, and thus the members in each group. It is an annual meeting that serves as a preparation for Assembly planning and an opportunity to hear the Delegate's report from the WSC (World Service Conference) where our Delegate attends and carries the envelope on behalf of all BC/Yukon AI-Anon/Alateen members. The Delegate's report helps us understand the business of the fellowship of AI-Anon and how our input is needed to make decisions for the worldwide fellowship.

Ermagarde received an e-mail from our Interim Assembly Chair. The following is an excerpt:

**Area World Service Committee Meeting (AWSCM)**

**will be held May 24-26th online via ZOOM.**

**All Details will be available on our BC/Yukon Website ([www.bcyukon-al-anon.org](http://www.bcyukon-al-anon.org)) - Check regularly.**

Please look for a Special Edition Bulletin mid-April with further details, Officer reports, Coordinator reports and ZOOM meeting details.

Therefore, Ermagarde shifts her plans from travelling, to attending via Zoom.

This is her last year as DR so she plans to invite any members of her District to attend via Zoom, and if they'd like, they may join her at her house and meet together on Zoom. She plans to open the invitation to all members but specifically to encourage her Alternate DR and a few other members who have finished their GR terms to attend to experience AWSCM, and to consider letting their name stand for DR.

DRs are an important role in the links of service. They keep the groups connected to the Area and support the GRs in preparing for Assembly. They help the GRs understand the background discussion information for Assembly so that GRs can participate in the KBDM (Knowledge-Based Decision-Making) process and carry their group conscience in the envelope to Assembly.

Ermagarde will keep checking the BC/Yukon AI-Anon Website regularly for AWSCM details and will prepare for her upcoming District meeting based on the AWSCM Agenda and Background discussion information.

In the meantime, she will prepare a short report including her District demographics and meeting details as well as share the District's successes, challenges and questions. As DR, she will present her report at AWSCM on behalf of her District.

Other items on her AWSCM prep list are;

- Review the DR Guide to AWSCM and print off hardcopy of AWSCM for reference
- Write and edit her DR report, review it with her service sponsor for input and practice.
- Review the Service Manual on AWSCM and keep it handy for the Zoom session.
- Register for AWSCM Zoom ahead of time where the link can be found in the April and May Bulletins.
- Print a hard copy of the updated short and long lists of Motions that can be found on the website.
- Research the AWSCM Agenda business discussion items when available.
- Check the Group Records data base on the WSO Website (DRs have read-only access) for the registered groups in her District to ensure meeting information is accurate and present them to GRs at the Upcoming District meeting to review and edit accordingly. If there are any changes to be made or questions, e-mail the group records coordinator at [grouprecords@bcyukon-al-anon.org](mailto:grouprecords@bcyukon-al-anon.org).

Wish Ermagarde luck as she prepares to attend AWSCM online as she serves and supports her District with the Goals of Grace, Unity and Understanding in the last year of her DR term.

I look forward to seeing you all online along with Ermagarde May 24<sup>th</sup> to 26<sup>th</sup>.

Love in Service,

Nancy MC  
Alternate Delegate  
[altdelegate@bcyukon-al-anon.org](mailto:altdelegate@bcyukon-al-anon.org)



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## AREA FORUM COORDINATOR INTERIM REPORT

Hello BC/Yukon Al-Anon/Alateen Members,

Did you know the Alternate Delegate has two service positions? If not, by reading this report you just learned something new

The second and separate service position the Alternate Delegate holds is Area Forum Coordinator.

### THE FORUM STATEMENT OF PURPOSE

*“The Forum is an international monthly publication of Al-Anon Family Groups, a fellowship that offers help and hope for the families and friends of Alcoholics. This magazine features timely sharings from Al-Anon Alateen members, much in the way that they contribute when attending Al-Anon meetings. The magazine also includes suggested meeting topics, as well as news and information from Al-Anon’s World Service Conference and World Service Office.”*

As Area Forum Coordinator I belong to AFG Connects just for Forum Coordinators and receive weekly e-mails from

**Carol Cowan | Magazine Editor Al-Anon Family Group Headquarters, Inc..**

The purpose of having an Area Forum Coordinator is to encourage groups and members to subscribe and submit sharings to the *The Forum*.

The groups and members (*that’s you !!*) are a vital link in Al-Anon service, carrying the Al-Anon message of recovery as printed in *The Forum* to the Districts, AIS, LDCs, DRs, and GRs.

DRs are *The Forum* representative for their District, and GRs are *The Forum* representatives in their groups – and members in their Areas.

As Area Forum Coordinator, I attended the first *Forum* Coordinators Web Conference Call of 2024! It is 1hr 30 minutes in duration and Forum Coordinators from all Areas in the World Service Conference Structure of Al-Anon attended. As Coordinators we share their successes and ideas for encouraging members to submit Forum writing sharings to the WSO for publishing, workshops on the Forum writing sharings, as well as helping groups and members find the information on how to subscribe to the monthly Forum, thus increasing the subscriptions sold which helps WSO be fully self supporting.

Does your group subscribe to and receive a monthly copy sent to your CMA?

Do you as an individual member have a monthly subscription?

Do you pass on old copies to newcomers/sponsees to have hope in between meetings?

Confession here... I hang on to a few copies where I have read a sharing that really speaks to me. I record the page number on the inside cover.

My tidbits of the three Legacies I share as Area Forum Coordinator come from a previous year's Forum that corresponds with the relevant month.

You can download all the information you need about the Forum subscription form from: [al-anon.org/forum-order](http://al-anon.org/forum-order) or, on the back of each monthly Forum there is a fillable mail-in form. The Forum can be subscribed to and received electronically. Information is available at: [al-anon.org/shop](http://al-anon.org/shop) under "products >Digital Products."

Sharings are welcomed from all AI-Anon members, including women, men, adult children, grandparents, and Alateen. Sharings are needed about applying the Steps, Traditions, and Concepts in our personal life as well as sharings from longtime members about service, and of course the newcomers' experiences, and what they heard that kept them coming back. The F1 Forum writing guideline found at: [al-anon.org/writing-guide](http://al-anon.org/writing-guide) is a great resource to get you started.

***As your Area Forum Coordinator I want to put out this challenge to all members of the BC/Yukon Area. Start a "MONTHLY FORUM STUDY GROUP" where you choose if you meet once a week, the 2<sup>nd</sup> and 4<sup>th</sup> week of each month or once a month.***

***Review the current monthly Forum, encourage individuals to subscribe so they can read in between and highlight what catches their attention. Learn the Three Legacies of each month. Go above and beyond as a study group, create a Forum sharing as a group or as individuals and submit it to the Forum.***

***Strengthen the links of service as you share/study monthly with members from all over the worldwide fellowship of AI-Anon.***

***Please let me know by email or DRs through your report at AWSCM how you are answering the call to this challenge and the benefits you are reaping.***

Lastly, I would like to encourage you to read Inside AI-Anon Family Groups ***The Forum -What Is The Process?*** It is written by Carol Gowan, the Forum Magazine Editor, and can be found in the March 2024 Forum, page 10 to 12 .

It is informative and you never know, it may inspire some members to share and submit their thoughts.

Let's keep supporting our Links of Service through the Forum. I can hardly wait to see the increase in numbers of sharings from our very own BC/Yukon AI-Anon members published in future issues of ***The Forum.***

I can see our groups, and individual members subscriptions for the BC/Yukon Area climbing in numbers already!

Thanks for trusting me to serve.

Participation is the Key to Harmony! Let's go ***Concept Four!*** Let's Go ***The Forum !***

Nancy MC  
BC/Yukon Area Forum Coordinator  
[altdelegate@bc yukon/al-anon.org](mailto:altdelegate@bc yukon/al-anon.org)

## Treasurer's Report

Dear AI-Anon Members and Friends:

THANK YOU again for your recent response to our letter of appeal sent early in March of this year.

As of today, our operating account bank balance is \$22,141.11. I am sure you'll agree that this is very healthy indeed—thanks to you. And our decision to hold AWSCM online this year means we can preserve this healthy state as we plan for a successful in-person Assembly 2024.

We are confident we will host AWSCM in person in 2025, and once again I urge you to consider becoming the host district and submit your interest. By selecting the AWSCM host at Assembly 2024, we will have plenty of time to budget, plan, and host a successful in-person 2025 AWSCM. We truly believe in-person meetings enrich our fellowship.

I am experiencing a steep learning curve in my new position as treasurer. Despite this and the financial challenges we faced earlier in the year, your officers and coordinators, guided by your wishes, act responsibly with your funds. Please feel free to contact me directly if you have any questions or concerns.

Audrey P  
Area Treasurer  
[treasurer@bcyukon-al-anon.org](mailto:treasurer@bcyukon-al-anon.org)



## Group and District Contribution Form

### Payable to: BC Yukon Area Assembly

**Mail to: Audrey Ple (until Dec 2026) *No reference to AI-Anon please***  
**3990 West 19<sup>th</sup> Avenue**  
**Vancouver, BC V6S 1E1**

Suggested contribution as per 2007 Assembly motion: "Move that the suggested group donations for BC/Yukon Area Assembly be \$0.50 per person per meeting, where possible." You may use that calculation or any amount your group conscience decides upon.

### **GROUP OR DISTRICT CONTRIBUTION INFORMATION**

District # \_\_\_\_\_ Group ID# \_\_\_\_\_ GroupRep \_\_\_\_\_

Group Name: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

RECEIPTS **only** if requested: No receipt required \_\_\_\_\_

**Please include Email address for an electronic receipt or Postal address on back of this form for a mailed receipt (please consider cost & environment before choosing postal mail option)**

**This form expires Dec 2026**

**By e-transfer:** BC Yukon Area Assembly [treasurer@bcyukon-al-anon.org](mailto:treasurer@bcyukon-al-anon.org)

**You need to enter a security question, make the answer Tradition7 (no space)**

In the message, **please note your district # or city, and group name.**

(If you miss the message, please send a follow up email with that information)

Your receipt for e-transfers will be the email confirming accepted deposit.

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## Mark Your Calendars - Thursday, June 20, 2024!

It is time for another Al-Anon Membership Survey! This survey has been conducted every three years since 1984 and is a very important service event for all Al-Anon members. This survey provides data-supported evidence that Al-Anon recovery works, so professionals can feel comfortable recommending Al-Anon to their clients and patients.

The Al-Anon Membership Survey is:

- Open to all Al-Anon members ages 18 and over
- Available in Spanish, French, and English
- Conducted June 20–July 31, 2024

Go to [al-anon.org/surveyresults](http://al-anon.org/surveyresults) to view results from the 2021 Membership Survey.

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### Group Records

Hello dear Al-Anon friends,

I am getting ready for Area World Service Committee Meeting (AWSCM) on Zoom this year. I can't believe this is my 3rd year and last AWSCM as your group records coordinator. I have enjoyed my time doing this service position and would tell anyone considering this position that it is a wonderful opportunity to connect with groups from all across our Area. I would like to encourage the groups that are meeting electronically only, to move their groups to the on-line data base. Please reach out to me with any questions.

With Gratitude in Service,

Sarah O

BC/Yukon Group Records Coordinator

*Your "One Stop Shop" for Group Information*

[grouprecords@bcyukon-al-anon.org](mailto:grouprecords@bcyukon-al-anon.org)

## Hybrid Event Coordinator's Report



Hello my dear Al-Anon friends,

In preparation for **AWSCM 2024**, here is the info you will need to join us virtually.  
Please use this link to register in advance:

<https://us06web.zoom.us/meeting/register/tZ0qcuGurTkpHdONNSBK-mtjEI67gWBfMEUT>

After registering, you will receive a confirmation email from Zoom containing information on how to join the meeting. Our suggestion is to register early to avoid any last-minute complications. If you have any questions or concerns, please let me know, I'm always happy to help.

AWSCM is scheduled to start at **7:00 pm on Friday May 24, 2024**, but you're welcome to login any time after 6:00 pm for fellowship or just to check that you have all the technology worked out ahead of time.

Please remember that this is an anonymous fellowship. If there are others in your home, please protect the anonymity of other members by using headphones and being mindful of who can see your screen or go to another location where the meeting cannot be overheard or seen by others.

### Meeting IDs via Zoom:

**AWSCM** - please note, if you haven't registered first, Zoom will re-direct you to the registration page.

**Meeting ID: 897 5863 2377**

**Passcode: 192809**

### Saturday

AWSCM 2024 **Early Bird Meeting**

Time: Saturday May 25 at 8:00 am

Meeting ID: 811 6949 2904

Passcode: 032772

### Sunday

AWSCM 2024 **Spiritual Meeting**

Time: Sunday May 26 at 9:00 am

Meeting ID: 981 9758 4551

Passcode: 454580

Zoom Zoom



Looking forward to seeing you all!

With Gratitude in Service,

Akemi M.

Hybrid Event Coordinator

[event@bcyukon-al-anon.org](mailto:event@bcyukon-al-anon.org)





**BC Yukon AI-Anon Family Groups Area World Service Committee Meeting (AWSCM)**  
**AGENDA**  
**May 24/25/26th**  
**Hosted on ZOOM**  
*‘Our path towards grace, unity, and understanding.’*

**Friday May 24**

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<b>2 – 4 pm</b>	Officers/Coordinators/Liaisons/Meeting
<b>6 pm</b>	Zoom open for fellowship
<b>7 pm</b>	Opening & Welcome Read Traditions, Concepts Announcements Deadline to add to new business on agenda is tomorrow 10:15 am
<b>7:20 pm</b>	Introduction of Officers/Coordinators/ Liaisons
<b>7:30 pm</b>	Goals of AWSCM Review discussion items
<b>7:45 pm</b>	DR Orientation
<b>8:30 pm</b>	DR reports 3 <sup>rd</sup> year/2 <sup>nd</sup> year (5 min. each) Record Challenges and Successes
<b>9 pm</b>	Closing

**Saturday May 25**

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<b>8 am</b>	Early Bird Meeting
<b>9 am</b>	Opening, Welcome, Traditions and Concepts
<b>9:15 am</b>	Announcements
<b>9:20 am</b>	Introduction Officers, Coordinators, Liaisons Introduce Past Delegates present
<b>9:40 am</b>	Goals of AWSCM
<b>9:45 am</b>	Consent Agenda
<b>10 am</b>	Treasurer’s Report

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**10:20 am      Break**

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**10:30**                  Vancouver Central Service Office presentation

**11:00 am**              Delegate’s Report

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**Noon -1 pm      Lunch**

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**1 pm**                    Voting member count/roll call

**1:15 pm**              KBDM review (knowledge-based decision making)

**Topics for Discussion**

- Background Hybrid Meetings
  - New Technical requirements– Area communication
- 

**3 pm                    Break**

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**3:20 pm              2025 AWSCM**

**3:30 pm              New Business**

**3:45 pm**              DR reports 2nd yr./1st yr. (5min.each)

**4:15 pm**              Polling of DRs for Chair, Alt Delegate, Delegate

**4:25 pm**              Assembly Agenda Items

**4:45 pm**              DR reports 1<sup>st</sup> year (5 min each)

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**5:30 – 7 pm        Dinner**

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**7 pm**                    Public Outreach Presentation

**8:00 pm**              Successes and Challenges Workshop

**8:20 pm**              Recap and Highlights of AWSCM

**8:45 pm**              Closing

**Sunday Morning May 26**

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**9 – 11 am            Spiritual Meeting**

**\*PLEASE REMEMBER YOUR SERVICE MANUAL \***

Please set up in a quiet, comfortable area without distractions. Mute your microphone.

Check that you are visible on your camera – head and shoulders is best.

This is a DRAFT agenda and may be adjusted and/or changed as needed throughout the weekend.

Last updated: April 15, 2024

## **Knowledge-Based Decision-Making Process to Reach an Informed Group Conscience**

In a Knowledge-Based Decision-Making (KBDM) culture, full discussion of an idea takes place (with background information introduced to frame the topic) before a motion is presented. Sometimes these discussions go on over long periods of time before any decision for a motion or action is made.

KBDM requires a lot of research and information gathering before and possibly even during the discussion. At the end of a discussion, further information and knowledge may be necessary to come to an informed group conscience. A motion need not be made after every discussion. Premature action (e.g. making or amending motions early in the discussion or hastily calling the question) can divert attention from the subject at hand, thus confusing and/or delaying District or Assembly business.

With KBDM, the decision reached is usually one that most AI-Anon members can support since everyone had access to the same information and the minority voice was heard during the discussion.

**There are five key elements to the Knowledge-Based Decision-Making process to reach an informed group conscience.**

- Open communication between leadership and membership
- Dialogue before deliberation
- All decision-makers have common access to full information
- Existence in a culture of trust
- Confidence in the competency of our partners

**The decision-making process aligns with our spiritual principles:**

- **Equality-** gives equal weight to everyone's opinions and distributes information equally before the discussion.
- **Trust-** allows thorough examination of all information by encouraging us to keep an open mind.
- **Unity-** promotes unity when we work together toward a common goal.
- **Humility-** allows for decisions to be more important than who makes the decisions.
- **Respect-** allows for a conversation and often a conversation is enough – a motion may not be necessary.

## Knowledge-Based Decision-Making Process

### I. Information Exchange

The purpose of information exchange is to ensure that “All decision-makers have common access to full information.” This demonstrates the spiritual principle of mutual respect. Historical Perspectives, motions that are related, etc. are shared with everyone. We value our archives for the wealth of information that is housed there.

It is recommended that the background information includes a frame of the topic. Frequently, The five KBDM questions are answered by a sub-committee to facilitate the facts, beliefs, Concerns, etc. The questions can be modified specific to the issue to be discussed.

**Question 1:** What do we know about our members’ or prospective members’ wants, needs, or preferences that are relevant to this discussion?

**Question 2:** What do we know about the capacity and strategic position of the organization relative to this issue?

**Question 3:** What do we know about the current realities and evolving dynamics that are relevant to this discussion?

**Question 4:** What are the ethical implications of our choices (pros and cons)? This includes consideration of how the Legacies apply.

Pros:

Cons:

**Question 5:** What do we wish we knew, but don’t?

### II. Background Discussion

It is important that everyone understands the facts related to the issue(s) before discussion. Therefore, the following steps must be taken in sequence:

**Question and Answer:** this ensures equal understanding. This is not timed since it is important that all questions are answered clearly and fully. No opinions are allowed during this step.

**Summation:** this is an opportunity to clarify what was heard and ensure full understanding of the facts.

**Discussion:** it is important to follow the procedures of the service arm (e.g. 2 minutes at microphone, do not repeat what another has already stated, etc.). It is during the discussion that particular aspects of a potential motion are identified.

### III. Decision Making

Once the discussion has concluded, it becomes clearer about the next step. There are three options:

- Motion (follow District/Assembly Voting Procedures)
- Return issue to a sub-committee to gain further information to be brought back to the District/Assembly
- Make no decision because the discussion made it clear that no action is needed

## Literature

Hi Friends,

It's Spring, and as I've been getting rid of clutter, I noticed many recovery books and CDs are sitting on my shelves. I am hesitant to give them away for good, but don't like the long periods of them not being used. Years ago, a few of us talked about setting up a lending library at our meeting, but nothing ever came of it. I submitted the idea to our GR for the next business meeting. If you have ever been in a group that tried this, or if you're interested in having a library in your group, please send me an e-mail to share your experience, or to express your interest in exploring the possibility. I will also be putting out a request on AFG Connects for input.

Also, below is some information about submitting sharings to WSO for a new piece of literature about sponsorship, and to The Forum, from our new Associate Director of Literature, Carol Cowan:

**The Writing Guide for new CAL on Sponsorship and Service Sponsorship is now available.**

Several years ago, the Literature Committee began discussing requests from the fellowship for a piece of Conference Approved Literature on sponsorship and service sponsorship primarily made up of member sharings.

A recommendation was made, discussed, and approved by the 2023 World Service Conference, giving conceptual approval **"to develop a comprehensive piece on sponsorship and service sponsorship using personal stories from AI-Anon members."**

Since then, a writing guideline has been developed, approved, and translated into French and Spanish, and is now available for distribution throughout the fellowship. **Please share this writing guideline, use it to facilitate writing workshops, and consider submitting your own experience, strength, and hope on this important topic.**

The attached Writing Guide is also posted on the ["Send Your Sharing"](#) page of the AI-Anon website. Sharings may be submitted online at [al-anon.org/sharing](http://al-anon.org/sharing), via email to [wso@al-anon.org](mailto:wso@al-anon.org) with "Sponsorship Piece" in the subject line, by fax to 757-563-1656, or by postal mail to AI-Anon Family Group Headquarters, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617.

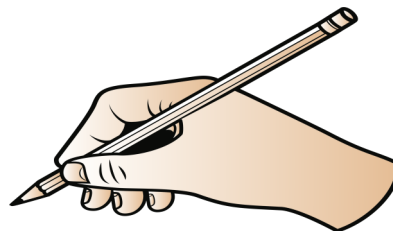
**Sharings needed for "CAL Corner"**

Please continue to urge members to share in writing about how *any* piece of CAL has helped them with their recovery. We could especially use sharings about any of the following: *Many Voices, One Journey* (B-31), *Alcoholism, a Merry-Go-Round Named Denial* (P-3), *A Little Time for Myself* (B-34), the *Just for Tonight* Alateen Bookmark, *The AI-Anon Family Groups-Classic Edition* (P-5), *Three Views of AI-Anon* (P-15), *As We Understood...* (B-11), *...In All Our Affairs* (B-15), *How AI-Anon Works* (B-32), or *When I Got Busy, I Got Better* (P-78).

You'll find the CAL Corner and all our writing guidelines, as well as the online submission form, here: [Send Your Sharing - AI-Anon Family Groups](#). If you are announcing this verbally or in print (rather than electronically), you may use the URL [al-anon.org/sharing](http://al-anon.org/sharing).

Yours In Service,

Donna H.  
Literature Coordinator  
[literature@bcyukon-al-anon.org](mailto:literature@bcyukon-al-anon.org)



## Public Outreach Coordinator's Report

Hello AI-Anon Family:

When it comes to public outreach in AI-Anon, service opportunities abound! This gives me a dose of HP joy because I chose abundance as my word for 2024. I think the season of spring captures the spirit of abundance beautifully.

Why not spring into public outreach service now with an AI-Anon friend or sponsor? During the week of June 24<sup>th</sup> to 28<sup>th</sup>, the seven Fraser Valley federal correctional institutions are hosting their annual information fair.

AFG members who are willing to get involved in this specific Corrections Connections project need to act soon as the registration deadline is May 7<sup>th</sup>. Please contact me for more information or attend the POC on April 20<sup>th</sup> on Zoom. This public outreach project is vital because those who will receive the information can't go browsing on the internet or making phone calls to inquire about AI-Anon. Further, for every incarcerated person, there are family members and friends who might not be aware of AI-Anon/Alateen as a resource.

The abundance of AA roundups and rallies in our Area inviting AI-Anon/Alateen participation is also amazing this year. Keep an eye on the [BC/Yukon Events Calendar](#) for these activities and please let us know what your District has done or is planning to do in cooperation with AA. It's a great way to practice the Fifth Tradition.

I'm so thankful for District Reps who have been in contact as they are planning public outreach activities. On April 27<sup>th</sup> District 20 held a spring workshop in Enderby. Also, District 18 - Kelowna AFGs are planning for a public outreach event on June 8<sup>th</sup>. It's encouraging to know that AFGs in Area 81 are actively engaging in public outreach and I look forward to providing a short workshop for the District Reps at our AWSCM on Zoom in May. The next POC meeting has been moved up a week so it doesn't conflict with AWSCM. Please keep Saturday May 18<sup>th</sup> in mind from 10:30 to 11:30 a.m. (Zoom ID: 985 6094 7531 Password: 696634). All AFG members are welcome.



Tip for the Month: Did you know that the [Al-Anon Faces Alcoholism Magazine](#) is a very cost-efficient public outreach tool and it is also available free online? It provides a great introduction to the help and hope AI-Anon offers.

I'm grateful for the privilege of serving the members through public outreach coordination.

Nellie T  
Public Outreach Coordinator  
[publicoutreach@bcyukon-al-anon.org](mailto:publicoutreach@bcyukon-al-anon.org)

## Central Services Report

A reminder to groups and committees that Central Services has the following services available to you:

1. A speaker list if you are looking for anyone to speak at a meeting, rally or gathering or if you are interested in speaking yourself. Everyone's story is important and I know I always get something out of every speaker's presentation that I had not known or thought of before.
2. Literature orders can be called in to the office and have the literature picked up or mailed. There are some groups that share in the order and postage to make it more affordable to have it mailed.
3. Assistance by Cynthia or a volunteer to help you find the right pamphlets, brochures or books depending on your need.
4. A wonderful place to go and have quiet time and preview the literature.
5. The archive documents can be found at Central Services and are interesting to spend time going through.
6. Central Services will have a presentation at AWSCM on the history of Central Services. Even if you are not a DR you are welcome to attend and see the presentation on the 25th of May.
7. Financially, we could always use donations to help us operate the office and if you or your group would like to donate, following is the information. Send any contributions by E-transfer, Mail-cheque, Cash-in person, Pay Pal or Master or Visa Card via Pay Pal. For more information call Cynthia at the numbers listed.
8. If you are interested in volunteering at the Book Store, please give Cynthia a call.

The next meeting with the Directors and Officers of Central Service will be held **Sunday June 9, 2024 at 11:00 a.m. Everyone is welcome to attend and participate.** Call Cynthia for the information on how to become a member of the Society and how to attend our quarterly meetings. We would love to have your support.

The office is open on Monday, Wednesday, Friday, and the last Saturday of the month 10 am to 1 pm. Both Cynthia and I are available on [afgcentraloffice@gmail.com](mailto:afgcentraloffice@gmail.com) 7 days per week and I can be contacted at [chairafgcentralservice@gmail.com](mailto:chairafgcentralservice@gmail.com).

Hugs In Service,  
Gail Schuler  
Chair Al-Anon Central Services  
[chairafgcentralservice@gmail.com](mailto:chairafgcentralservice@gmail.com)

### Contact Information

Al-Anon Central Services

Service Office

PO Box 28574

Willingdon Heights P O

Burnaby, BC V5C 6L4

Telephone: 604-688-1716. There is an afternoon contact on the answering machine.

Email: [afgcentraloffice@gmail.com](mailto:afgcentraloffice@gmail.com)

[www.bcyukon-al-anon@gmail.com](mailto:www.bcyukon-al-anon@gmail.com)

<http://afgcentralofficeblogspot.com>

## Events



**Victoria Miracles Rally-May 10,11,12,2024** (AA with Al-Anon participation)

Mary Winspear Centre 2243 Beacon Ave, Sidney BC V8L1W9

AA and Al-Anon Speakers \*Contact Nellie at 778-245-1203 if you're available for service\*

**Friday evening Al-Anon speaker -Marlene B (N.Van)**

**Al-Anon Sunday Spiritual Speaker -Owen H BC/Yukon Area Delegate (New West)**

Tickets are \$35 at: <https://victoriamiracles.com/>.

**See poster April Bulletin**

**Steps To Serenity - Anniversary Meeting**

**Monday June 10th at 7pm**

**AA and Al-Anon speakers**, Fellowship follows.

St. Stephen's Anglican Church

885 22nd Street, West Vancouver

**\*\*note new address\*\***

**The 36th Annual Tri-Cities Spring Rally - Saturday June 1st 2024 1:00pm-11:00pm**

(AA with Al-Anon participation)

All Saints Parish

**Doors open at noon**

821 Fairfax Street, Coquitlam

AA and Al-Anon Speakers

**Saturday afternoon Al-Anon speaker - Gerry G (Van)**

**Tickets \$30 Text or call 778-238-8582**

**District 17 - Speak Easy Meeting**

D17 and the Saturday Men's AFG are hosting a speaker meeting on

**Saturday June 22, 2024. 10:30am-1pm Doors open at 10am**

**Victoria Horseshoe Club** Wheelchair friendly, lots of parking

620 Kenneth St, Victoria Lots of fun and fellowship

For more information contact **Dennis at 250-881-2983**

**WHAT: Serenity Saturday Annual Window of Hope Meeting**

**WHEN: Saturday May 11, 2023 @ 12:00-2:00pm**

**WHERE:** Coquitlam Presbyterian Church, Como Lake Ave,  
Coquitlam BC V3J 7P9

Please join us for AA and Al-Anon Speakers, and Food and Fellowship

## Officers and Coordinators 2024

Ally G:	<a href="mailto:chair@bcyukon-al-anon.org">chair@bcyukon-al-anon.org</a>	Michelle W:	<a href="mailto:alateen@bcyukon-al-anon.org">alateen@bcyukon-al-anon.org</a>
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Nancy M:	<a href="mailto:altdelegate@bcyukon-al-anon.org">altdelegate@bcyukon-al-anon.org</a>	Shannon P:	<a href="mailto:bulletin@bcyukon-al-anon.org">bulletin@bcyukon-al-anon.org</a>
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Donna H:	<a href="mailto:literature@bcyukon-al-anon.org">literature@bcyukon-al-anon.org</a>	Webmaster:	Contracted service – contact Website Coordinator

Al-Anon Information Services Vancouver– Gail S. 604-688-1716 [afgcentraloffice@gmail.com](mailto:afgcentraloffice@gmail.com)

Al-Anon Information Services Victoria - Amy G. 250-383-4020 [alanonvictoria@gmail.com](mailto:alanonvictoria@gmail.com)

Al-Anon Information Services Kelowna- Jeaneen R. 1-800-735-7520 [ldcokanagan@yahoo.ca](mailto:ldcokanagan@yahoo.ca)

### Subscribe to the BC/Yukon Area Bulletin

Email your submission to the bulletin in plain text or pdf by the **15<sup>th</sup> of each month** to [bulletin@bcyukon-al-anon.org](mailto:bulletin@bcyukon-al-anon.org) or follow the links on the website. You can also submit to both the website and the Bulletin from the link on the “Events” page on the website [www.bcyukon-al-anon.org](http://www.bcyukon-al-anon.org).

An electronic version of the BC/Yukon Area Bulletin is available free online at [www.bcyukon-al-anon.org](http://www.bcyukon-al-anon.org) in the "**Members**" section. Username "**member**", password "**Area81**".

**Sign up for automatic monthly email delivery** by visiting <https://www.bcyukon-al-anon.org/bc-yukon-bulletin/>